

Phony E-mail Stuns UMW

By STEPHANIE TAIT
 News Editor

Rush Limbaugh roasted the University of Mary Washington on his radio show this past Tuesday.

Limbaugh commented on the mass e-mail that was sent to all 4,039 students at the University of Mary Washington. The e-mail, addressed to "all liberals, atheists, God-haters, gays, Europeans, and Democrats" and signed by the "College Republicans," was sent via the political science department's e-mail account. The College Republicans deny having any part in the sending of the e-mail and the police are investigating the incident.

The e-mail in its full, unedited context reads:

"a message to all liberals, atheists, God-haters, gays, Europeans, and Democrats

as you may well know the victory of the Great George W Bush has swept the land to give a glorious victory to the righteous against the forces of Evil Liberalism in all its present forms. No matter how much you liberal DemoRATS relied on your heroes Michael Moores, Ted Kennedy, John Kerry, the ACLU and the European Union, and Hollywood, President Bush has won a knockout victory against the Left

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Winter Fun Is Curtailed

By LEAH TRIPLETT
 Staff Writer

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Another student, a freshman at the time, was impaled by a branch while sledding feet first near Russell Hall. Both students underwent successful surgeries at area hospitals. The separate incidents occurred in the same week, according to *The Bullet*. Both students declined to comment on the current situation.

In light of these incidents, Dr. Bernard M. Chirico, vice president of student affairs, sent an email to all students on Tuesday, warning of the perils of sledding. "Celebrating a snowfall can be fun; just take a minute to evaluate any sledding location for possible hazards," Chirico wrote.

"Sledding is not banned on campus," Chirico elaborated. "We will do as we did last year with the accidents in mind: during snow events, 'No Sledding' signs will be posted in the areas that are considered dangerous, and the UMW Police Officers will conduct extra foot patrols in those areas."

Although sledding is not entirely prohibited on campus, it is still discouraged.
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Mental Health Crisis Hits University

By CHRISTY HARTMAN
 Assistant News Editor

The University of Mary Washington administration is alarmed at the rising numbers of students suffering from mental illnesses.

A recently released online survey from the National College Health Assessment shows that Mary Washington students are significantly more likely to be affected by mental illnesses than the national average at colleges.

"There is a mental health crisis on campus," said Bernard Chirico, vice president for student affairs and dean of students at the University of Mary Washington.

According to the survey, Mary Washington students are dealing with mental illnesses at a rate that is 45 percent to 65 percent higher than the national average.

"Most students that come to the psychological services center are dealing with problems of depression disorders, anxiety and interpersonal relationship problems," Jennifer Pugh, staff psychologist at the University of Mary Washington, said.

According to this National College Health Assessment survey, which was taken by a group of 1,025 students in the spring of 2003, one-fifth of Mary Washington students have reported being diagnosed with depression and 15 percent of students have reported suffering from an anxiety disorder.

"The numbers are alarming," Pugh said. "I don't think anyone expected them to be so high."

The Mary Washington community is questioning why the results of the survey were so high.

One theory is that the results are distorted because of a disproportionate number of students at the University of Mary Washington who are seeking help.

Students are more comfortable to admit a problem," Chirico said. "They are much more likely than men to admit it."

According to Christopher Kilmartin, professor of psychology at the University of Mary Washington, women are almost two times as likely as men to seek out the help of psychotherapy.

"Men have a hard time acknowledging that they need help," Kilmartin said. "They are typically socialized to deny pain, even

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Photo illustration by Andrew DeCl

Anthropology Major To Be Offered Next Fall

By MELISSA NG
 Staff Writer

For the first time at the University of Mary Washington, students interested in anthropology no longer have to major in sociology with a concentration of anthropology. Instead, students will have the option of majoring in anthropology next fall.

This month, State Council of Higher Education for Virginia approved the University of Mary Washington's proposal for the new major.

Katie Miller, a student with a major in sociology and a concentration in anthropology, said, "I am jealous that I am not able to become an anthropology major since I am a senior this year. I am not a fan of sociology classes, and I wish I never had to take any."

According to the anthropology proposal, for the past five years, the number of anthropology-option majors has constituted about one-quarter of the total

sociology majors. Last spring, 35 students graduated with an anthropology degree, which was a little less than half the number

sociology majors. The year before, 31 students graduated with the degree.

Margaret Huber, a distinguished professor of anthropology, said, "There is a multiplicity of interest from students and faculty about this new major."

Students like Jacqueline Henderson started out as a biology major but changed to sociology after taking an introductory anthropology class.

"Ever since then, I've been completely hooked," Henderson said.

“There is a multiplicity of interest from students and faculty about this new major.”
 —Margaret Huber

Anthropology is the study of human kind. According to Huber, the definition of anthropology covers an array of material such as studying humans physically, culturally, archaeologically, ecologically, psychologically and forms of humanity that do not belong to the modern species of Homo sapiens.

Henderson said she tells people her major is anthropology but officially, it is

sociology with an anthropology concentration.

Due to the creation of a new major option, new anthropology faculty will be hired as part of the 15:1 plan. This plan will continue the institution's attempt to keep classes small with an intimate setting keeping the ratio of only 15 students to one professor for each class.

John Morello, the associate vice president of Academic Affairs, said that although he did not know the actual cost of hiring an additional faculty, the funding is part of the 15:1 plan.

"The Board of Visitors has already approved a serious of tuition increases within what the state guidelines are," Morello said.

Anthropology faculty, Huber and Dr. Gable are expecting 90 applicants for the position. The first cut of applicants is expected to be made this week.

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5 Day Forecast



TODAY
 Snow Showers

High: 41
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FRIDAY
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SATURDAY
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High: 28
 Low: 20



SUNDAY
 Snow

High: 33
 Low: 20



MONDAY
 Partly Cloudy

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Verbatim ...

"They can practice if they want to. I'm going golfing, that's what I'm going to do."

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Although sledding is not entirely prohibited on campus, it is still discouraged.
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Mental Health Crisis at Mary Washington University

By CHRISSY HAZELBAKER
Assistant News Editor

The University of Mary Washington administration is alarmed at the spike in the numbers of students suffering from mental illnesses.

A recently released online survey from the National College Health Association shows that Mary Washington students are significantly more likely to be suffering from mental illnesses than the national average at colleges.

"There is a mental health crisis on campus," said Bernard Chirico, vice president for student affairs and the dean of students at the University of Mary Washington.

According to the survey, Mary Washington students are dealing with mental illnesses at a rate that is 45 percent to 65 percent higher than the national average.

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Police Beat

By STEPHANIE TAIT
News Editor



Jan. 11-Between Dec. 13 and Jan. 11, two Nikon cameras and one Nikon lens, valued at \$1,280, were stolen from the closet of an office in Melchers Hall. The serial numbers of the items have been entered into the National Crime Database and the investigation is continuing.

Jan. 13-At 12:17 a.m., residence life staff reported to police that alcohol was found in the room of a 20-year-old female resident of Virginia Hall. The student admitted to ownership of the alcohol and was referred to administration.

Jan. 13-Between Jan. 5 and Jan. 1, a VCR

and a DVD player, valued at \$180, were stolen from the language lab of Combs Hall. According to police, there were no signs of forced entry and the investigation is continuing.

Jan. 14-At 12:01 a.m., the HR of Jefferson Hall reported to police that there were two intoxicated male students running through the halls naked. Police arrived to find the two 19-year-old male residents of Jefferson Hall in their rooms slightly intoxicated but clothed. According to police, residence life staff identified the two students and both were referred to the administration for underage drinking and nudity.

Campus Sledding Not Banned, Administrators Advise Caution

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campus, students who choose to ignore the posted warnings will face consequences with Judicial Affairs, according to Chirico.

"The student will be referred to Judicial Affairs for adjudication and an appropriate sanction if the person is found responsible at their hearing," said Chirico, when asked of the possible penalties if caught sledding in a restricted area.

Chirico also stated in the January 29th edition of *The Bulletin* that the two incidents were the first of the kind. "This is the first real problem [with sledding] besides people stealing trays from Seacobeck or dumpsters lids."

Students don't seem to be concerned about sledding.

"I don't recall [any other accidents]," said senior Deanna Lavery. "The hill behind south has a brick wall that would stop you if you ran into it, so that's pretty safe."

Other Virginia universities have not had similar experiences with sledding injuries, and thus have no restrictions or warnings for students who sled in the snow.

"To the best of my ability, we have no [sledding] policy," said Kathleen D. Valenzi, news editor of university relations at the University of Virginia. "Kids sled all the time on our grounds."

Valenzi also stated that to her knowledge, there are no recorded injuries resulting from snow sledding at the University of Virginia.



Andrew Deci/Bullet

John Cameron, a facilities services staff member blows snow from the walkway between Randolph and Mason Halls on Wednesday morning. Late afternoon and evening classes were cancelled on campus.

E-Mail Draws National Media Attention To UMW

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this past year.

how is it that the once great Democratic Party has slid into Godless deviance of oral sex, rock music, and sleaze just like their hero Bill Clinton who disgraced the Oval Office with his heathen infidel antics of debauchery.

to all the Dems and liberals, if you dislike America so much, may we suggest a one-way ticket to Europe where you will be in better company with cowards and liberals.

signed
College Republicans"

Elspeth England, the vice president of the Mary Washington Young Democrats, sent a response e-mail to her organization.

"The word offensive doesn't even begin to describe the content," she said. "While we all have the right to be upset at what was said in the e-mail, we should not direct any of this anger at the College Republicans."

Andrew Lamsar, chairman of the University of Mary Washington College Republicans, also sent out an e-mail to the members of his organization.

"First of all I am sure that common sense has all gotten us to the point of realizing that no one in our organization sent out that e-mail," he said. It is clearly

an attempt by someone...to make us look bad."

Along with being denounced by political parties on both sides, the e-mail is being denied by faculty and staff as well.

Bernard Chirico, vice president for student affairs, addressed all students in his e-mail which stated "neither the administration nor the faculty would ever approve dissemination of an offensive e-mail such as the one that was sent to all students."

The controversy of this e-mail has attracted the attention of the national media. An article appeared in the *Free-Lance Star*, the story appeared on local television broadcast stations and the incident was mentioned on the B101.5 radio station as well as the Rush Limbaugh radio program.

On Tuesday's show, Limbaugh commented on the incident.

"An e-mail goes out critical to the Democrats and the cops have been called," Limbaugh said on his program. "Oh my."

However, faculty and staff on campus are not as

Survey Released

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physical pain. This survey was given out to a pool of volunteers, and it is much more probable that more women volunteered to take a survey discussing psychotherapy."

Pugh thinks the increase in the number of students at Mary Washington who are dealing with mental illnesses has to do with increased awareness.

"I admit that it is hard to know what the causes are, but it could be a result of more people being diagnosed and receiving medication," Pugh said. "I think that students are coming to our campus because medication has allowed them to function better so that they can attend college."

Students have their own theories.

"I think that students feel trapped here at

Mary Washington," said a senior female studio art major at the University of Mary Washington.

"Fredericksburg is so boring; there is no culture and nothing to do but schoolwork and partying. No wonder students are depressed and stressed out, we don't have a healthy outlet."

Other students feel depression and anxiety are high because Mary Washington is academically rigorous.

"I am not surprised that the figures are so high," Carey Garber said, a senior anthropology and chemistry major. "It is really hard to do well in this school; that wears you out."

Senior Laura Odegaard agrees.

"This school is trying so hard to be a competitive university, and everyone is feeling like they have to prove themselves," said Odegaard, a senior theatre arts major. "There is so much stress to do well in your classes and go on to graduate school or get the right job."

According to Russ Federman, the director of psychological services at the University of Virginia, their survey results reflected a lower, than average rate of mental illnesses.

"The University of Virginia is considered one of the most prestigious schools in Virginia, if not the most prestigious school in Virginia," Federman said. "We are close to or somewhat lower than the national average."

The National College Health Assessment survey was taken by 971 of the 20,000 students at the University of Virginia.

According to Chirico, the increase in mental illnesses with college students is part of a national trend; students are facing higher demands from society in general and have less opportunity to develop skills to cope with stress.

"There is no doubt that the numbers are up across the nation," Chirico said. "Generally we are discovering that symptoms are being more accurately diagnosed, awareness has increased and there is an increased willingness for students to come forward with their problems."

The psychological services center is doing its best to deal with the problems of the student, according to Pugh.

"Through a media campaign, we are attempting to increase awareness of these mental illnesses among students," Pugh said. "We have placed posters and table tents all over campus promoting the services that the psychological center provides, including worry workshops and individual appointments for students."

Worry workshops are held four times a semester and usually have an attendance of a dozen people, Pugh said. The workshops are led by staff psychologists and are in discussion format. The issues discussed range from how to relax to addressing the problems of avoidance and procrastination.

"In the individual appointments that are available at the Psychological Services Center, we spend 50 minutes with the student in order to full of a history as

possible," said Pugh. "We ask what brings them there, what they want, and then we have them come up with their own goal. In order to make a diagnosis, we identify whether or not the symptoms are affecting their daily functioning and identify the distress level of the patient."

Some students have complained there is a waiting list at the psychological student center.

"There is typically a long wait list at the center," said one student, who asked not to be identified. "There have been a couple of situations where I have gone in because I needed to talk to someone right then, but I couldn't get in to see anyone."

Another student from the University of Mary Washington, a senior education major, said she too has problems with the psychological services center.

"If I am upset, I would rather just talk to my friends," said an anonymous source. "At Psychological Services you have to go through the trouble of getting your appointment scheduled, and then when you go to your appointment, you have to give all the background information to the doctor and that takes almost the full 50 minutes. My friends are a more immediate answer when I have problems."

According to Pugh, there is currently a two week wait for an appointment, although crisis appointments can be made sooner.

"One of our three psychologists had to go on medical leave for the rest of the [fall 2004] semester, which has made us pretty booked," Pugh said. "That is on top of the fact that the demand for psychological services has increased 150 percent since last year. We do have appointments available same-day if someone comes in with the desire to hurt themselves or others, although those appointments are exceptionally rare."

According to Pugh, the change that needs to be made is that of perception.

"We need to reduce the stigma of therapy in our society," Pugh said. "Too many students feel like they have to duck in our door and hide so that no one sees them. People view it as shameful or embarrassing, but it's not, it needs to be understood that it is OK to ask for help, that's what we are here for."

concerned with the contents of the message as they are with how it was sent.

"People may not have liked what was stated in that e-mail, me included," Chirico said. "But it doesn't rise to the level of a crime. However, the use of the network may well be a criminal act."

James Snipes, chief of Police, confirms that the way in which the e-mail was sent is indeed a crime.

"This is classified as a computer trespass as well as a theft of computer services," Snipes said.

Snipes is confident about the investigation.

"The computer used to generate the e-mail has been identified and is being processed for computer and forensic evidence," Snipes said.

According to Snipes, if caught, the person responsible can either be charged with theft of computer services, which is a class 1 misdemeanor, or trespass by computer with intent to harm, which is shown to be malicious is a class 3 felony.

The Code of Virginia states that conviction of a class 1 misdemeanor can result in up to 12 months in jail and a \$2,500 fine while a class 3 felony is

punishable with five to 20 years in prison and/or a \$100,000 fine.

"It doesn't meet the statutory requirements for a hate crime," Snipes said. "There was no threat, so had it been done in a non-criminal manner, the e-mail would be protected under the First Amendment no matter how much I disagree with the message."

The e-mail, however, was sent out in a criminal manner.

"Currently, only a small group of accounts can send an e-mail addressed to all students," Joe Haynes, director of infrastructure services, said. "Someone, without authorization, used one of those accounts to send the e-mail in question."

According to Haynes, the Department of Information Technology is cooperating with police in their effort to track down those responsible for the e-mail.

Professor Rosalyn Cooperman, a member of the Political Science Department, commented on the e-mail.

"It's frustrating," Cooperman said. "[Someone is] praying on the worst of what people think of another group."

Cooperman also stressed the fact that the political Science Department was not involved.

"The department has been pulled into this mess," she said. "It's completely unacceptable."



Viewpoints

Editorial Textbook Troubles

For students, the beginning of every new semester is marked by sticker shock, the painful series of reactions to the expense of textbooks. Students are more or less coerced into paying a textbook tab of several hundred dollars for required books.

It is common for a professor to assign seven or eight books for one three-credit class. If a student is taking a full load of 15 to 18 credits in a semester, the student is forced to purchase a small library of books at a hefty fee.

If each class requires even as few as three books, a student enrolled in five classes would have to buy 15 books, most of which cost about \$25 apiece, and would end up spending about \$375.

In some classes, books are only used for brief portions of the curriculum, not the entire semester. In these situations, the student is forced to shell out some serious dough for the academic equivalent of a one-night movie rental.

Professors who assign multitudes of expensive books show disrespect for a student's strained finances. Many students are barely getting by financially, sacrificing a significant amount of time and energy to work part-time jobs.

An exorbitant textbook tab is a slap in the face of the hard-working student on a shoestring budget.

The bookstore management claims they take every possible measure to keep prices as low as possible, but as the books pile up, the bank account depletes.

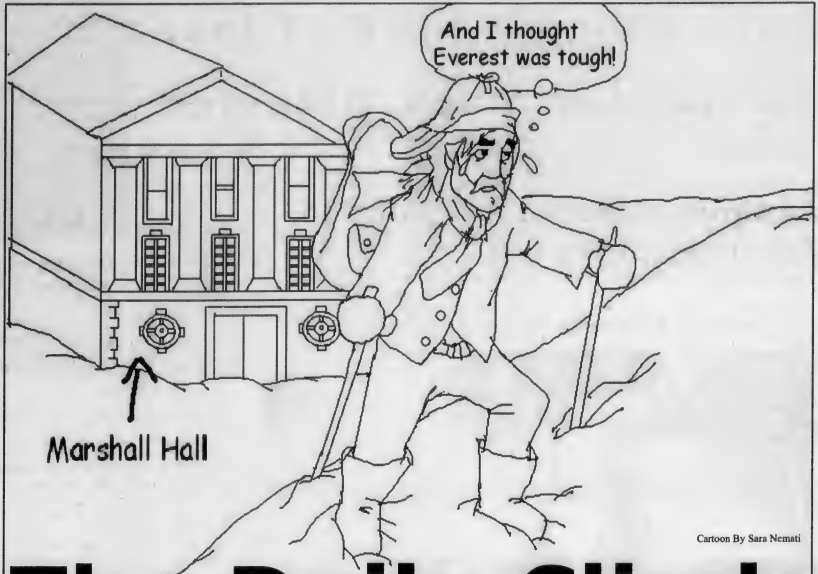
The best textbooks written by the best authors are necessary for teaching any class. However, are seven, eight, nine, or even more books really necessary to teach a semester-long class?

From a student's perspective, it certainly does not seem to be necessary. Professors need show some respect for working students by assigning fewer books.

Many professors scan readings and put them online using programs like Blackboard. This is a great way to give students access to reading materials without requiring them to pay for it. Hopefully, more professors will utilize Blackboard in the future.

Students can alleviate the expense of textbooks by sharing books with each other. Instead of selling back that political science textbook at the end of the semester for a measly three dollars, save the textbook and let a friend borrow it when he or she takes the class next semester.

You borrow your friends' textbooks and they borrow yours. Start a tradition of textbook borrowing.



Cartoon By Sara Nemati

The Daily Climb

By JANE GEISLER
Guest Columnist

Unlike most UMW students, the typical Marshall Hall resident's day begins at 4:30 a.m. (This time varies slightly depending on how much time a person takes to get ready.)

After showering and collecting books and notebooks, the Marshallite begins the five hour trek to the top of the hill. Frequent stops are necessary to catch one's breath and change one's hiking socks.

Since it takes so long to reach the altitude at which the rest of campus lies, water and some type of sustenance are essential. It is not uncommon to see Marshall Hall residents collapsed on the side of the road.

With the students' books, rations, small pick

ax, and climbing ropes, a growing number of Marshallites are developing the bodies one would expect to see on triathletes. This is indeed a plus to living down the hill. So is the fact that living at sea level is much cooler in the hotter months because it is, in reality, much closer to the ocean.

A daily feat such as braving the hill to get to class has definitely prompted some brainstorming about what to do in order to aid these ground-dwellers.

One idea mentioned is based upon the construction of a chairlift. It has been noted that this plan will be expensive and unsightly. Moving sidewalks would be much more practical,

yet still somewhat unreasonable.

The most promising and efficient plan of

action is, without a doubt, the institution of a UMW football team.

Not only would they be spending lots of time working out, the team members would be helping Marshallites get to class and to meals. In carrying books, and in extreme cases, people, the UMW football team will save education as we know it. In their downtime, the team will play games.

Students can go to watch and enjoy another school sport to cheer on. Undoubtedly, the team will perform amazingly well, crushing its opponents, due to the high intensity and strenuous nature of its workouts, unless the opposing team's campus also possesses a hill, and then a spectacular display of athletics will occur.

This is the problem and resolution of the Marshall hill. It may be hard to comprehend any issue one might have with this beautiful campus, but to gain real understanding there is a simple solution: pack a backpack and start at the bottom.

Jane Geisler is a sophomore.

“The most promising and efficient plan of action is the institution of a UMW football team.”

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Relief Effort Or Inauguration Bash? Hmm...

By ERIN LEACH-KEMON
Assistant Viewpoints Editor

Slamming shut the doors of their SUVs and mini-vans, "soccer moms" and businessmen alike rushed through the gates of Costco and Target as employees sounded the bell of the renowned day-after-Christmas sales to the oncoming cattle.

Simultaneously, then, women, and children in Sri Lanka, Myanmar, Thailand, and eight other countries within southern Asia and along the eastern coast of Africa breathed in a new life of disease, poverty, and starvation.

Undeniably, America's economy stands at the forefront of the world. So, gathering all of my collective energies to endure the jarring tone of George Bush's voice once more, I tuned into National Public Radio shortly after the tsunami struck, to hear the monetary offerings of our

affluent country for the relief efforts. Each syllable resounded independently in my ears: 15 million dollars.

My disbelief expanded exponentially as the donations of several European countries were dictated, many of their appropriations extending far beyond our nation's subsidy. Fortunately, nation-wide and international criticism spooked the Bush administration, and nudged them toward a revised relief plan of 350 million dollars.

Despite President Bush's concurrence in 2002 among the United Nations to supply seven-tenths of one percent of our nation's income toward aid, our government has failed to abide by this commitment. Actually, the United States maintains the reputation of offering the least amount of aid amid other nations of substantial wealth.

Even though our nation's administration

afforded President Bush a paramount inauguration four years ago, this year's estimated budget totals close to 40 million dollars.

Ironically, our government cannot seem to uphold its international pledges, yet we can certainly produce a grand banquet for a president with an approval rating of only half our country.

Admittedly, it is not just our nation's government who demonstrates such loathsome gluttony. Even worse than flaunting our wealth in a time of economic despair, there exist people who are currently attempting to gain a financial advantage from this crisis. Scrolling down the featured list of charity organizations for the tsunami relief, I noticed italicized words of caution wedged between "Doctors of the World-USA" and "Feed the Children" warning against particular Web sites that are fabricating

bogus relief organizations.

Prosperity is a privilege and should be upheld with dignity. Four years ago, we joined the cruel reality that is animosity in the form of terrorism. Today, we are once again nestled safely in our cookie-cutter houses and behind the steering wheels of our invincible machinery known as Hummers. Gingerly poking our heads above the surface, we scan the proximity for these highly sought after "terrorists."

Perhaps, we should set our TiVos on pause and reexamine our own standard of living. Where does the separation between luxury and necessity lie?

Fortunately, a few of our citizens are beginning to perceive these injustices, just as all of the other nations outside of our padded walls have been doing for decades.

Erin Leach-Kemon is a freshman.

the
Bulletin

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Mary Washington
Community since 1922.

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Letter and Editorial Policy

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We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to The Bulletin at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seabrook Hall or sent to our email address at bullet@umw.edu.

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact The Bulletin at 540-654-1133.

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Police Beat

By STEPHANIE TAIT
News Editor



Jan. 11-Between Dec. 13 and Jan. 11, two Nikon cameras and one Nikon lens, valued at \$1,280, were stolen from the closet of an office in Melchers Hall. The serial numbers of the items have been entered into the National Crime Database and the investigation is continuing.

Jan. 13-At 12:17 a.m., residence life staff reported to police that alcohol was found in the room of a 20-year-old female resident of Virginia Hall. The student admitted to ownership of the alcohol and was referred to administration.

Jan. 13-Between Jan. 5 and Jan. 1, a VCR

and a DVD player, valued at \$180, were stolen from the language lab of Combs Hall. According to police, there were no signs of forced entry and the investigation is continuing.

Jan. 14-At 12:01 a.m., the HR of Jefferson Hall reported to police that there were two intoxicated male students running through the halls naked. Police arrived to find the two 19-year-old male residents of Jefferson Hall in their rooms slightly intoxicated but clothed. According to police, residence life staff identified the two students and both were referred to the administration for underage drinking and nudity.

Campus Sledding Not Banned, Administrators Advise Caution

◀ WINTER, page 1

campus, students who choose to ignore the posted warnings will face consequences with Judicial Affairs, according to Chirico.

"The student will be referred to Judicial Affairs for adjudication and an appropriate sanction if the person is found responsible at their hearing," said Chirico, when asked of the possible penalties if caught sledding in a restricted area.

Chirico also stated in the January 29th edition of *The Bullet* that the two incidents were the first of the kind. "This is the first real problem [with sledding] besides people stealing trays from Seabeck or dumpster lids."

Students don't seem to be concerned about sledding.

"I don't recall [any other accidents]," said senior Deanna Lavery. "The hill behind south has a brick wall that would stop you if you ran into it, so that's pretty safe."

Other Virginia universities have not had similar experiences with sledding injuries, and thus have no restrictions or warnings for students who sled in the snow.

"To the best of my ability, we have no [sledding] policy," said Kathleen D. Valenzi, news editor of university relations at the University of Virginia. "Kids sled all the time on our grounds."

Valenzi also stated that to her knowledge, there are no recorded injuries resulting from snow sledding at the University of Virginia.



Andrew Deca/Bullet

John Cameron, a facilities services staff member blows snow from the walkway between Randolph and Mason Halls on Wednesday morning. Late afternoon and evening classes were cancelled on campus.

E-Mail Draws National Media Attention To UMW

◀ PHONY, page 1

this past year.

how is it that the once great Democratic Party has slid into Godless deviance of oral sex, rock music, and sleaze just like their hero Bill Clinton who disgraced the Oval Office with his heathen infidel antics of debauchery.

to all the Dems and liberals, if you dislike America so much, may we suggest a one-way ticket to Europe where you will be in better company with cowards and liberals.

signed
College Republicans"

Elspeth England, the vice president of the Mary Washington Young Democrats, sent a response e-mail to her organization.

"The word offensive doesn't even begin to describe the content," she said. "While we all have the right to be upset at what was said in the e-mail, we should not direct any of this anger at the College Republicans."

Andrew Lamar, chairman of the University of Mary Washington College Republicans, also sent out an e-mail to the members of his organization.

"First of all I am sure that common sense has all gotten us to the point of realizing that no one in our organization sent out that e-mail," he said. It is clearly

an attempt by someone...to make us look bad."

Along with being denounced by political parties on both sides, the e-mail is being denied by faculty and staff as well.

Bernard Chirico, vice president for student affairs, addressed all students in his e-mail which stated "neither the administration nor the faculty would ever approve dissemination of an offensive e-mail such as the one that was sent to all students."

The controversy of this e-mail has attracted the attention of the national media. An article appeared in the *Free-Lance Star*, the story appeared on local television broadcast stations and the incident was mentioned on the B101.5 radio station as well as the Rush Limbaugh radio program.

On Tuesday's show, Limbaugh commented on the incident.

"An e-mail goes out critical to the Democrats and the cops have been called," Limbaugh said on his program. "Oh my."

However, faculty and staff on campus are not as

Survey Released

◀ HEALTH, page 1

physical pain. This survey was given out to a pool of volunteers, and it is much more probable that more women volunteered to take a survey discussing psychotherapy."

Pugh thinks the increase in the number of students at Mary Washington who are dealing with mental illnesses has to do with increased awareness.

"I admit that it is hard to know what the causes are, but it could be a result of more people being diagnosed and receiving medication," Pugh said. "I think that students are coming to our campus because medication has allowed them to function better so that they can attend college."

Students have their own theories.

"I think that students feel trapped here at

Mary Washington," said a senior female studio art major at the University of Mary Washington. "Fredericksburg is so boring; there is no culture and nothing to do but schoolwork and partying. No wonder students are depressed and stressed out, we don't have a healthy outlet."

Other

students feel depression and anxiety are high because Mary Washington is academically rigorous.

"I am not surprised that the figures are so high," Carey Garber said, a senior anthropology and chemistry major. "It is really hard to do well in this school; that wears you out."

Senior Laura Odegaard agrees.

"This school is trying so hard to be a competitive university, and everyone is feeling like they have to prove themselves," said Odegaard, a senior theatre arts major. "There is so much stress to do well in your classes and go on to graduate school or get the right job."

According to Russ Federman, the director of psychological services at the University of Virginia, their survey results reflected a lower than average rate of mental illnesses.

"The University of Virginia is considered one of the most prestigious schools in Virginia, if not the most prestigious school in Virginia," Federman said. "We are close to or somewhat lower than the national average."

The National College Health Assessment survey was taken by 971 of the 20,000 students at the University of Virginia.

According to Chirico, the increase in mental illnesses with college students is part of a national trend; students are facing higher demands from society in general and have less opportunity to develop skills to cope with stress.

"There is no doubt that the numbers are up across the nation," Chirico said. "Generally we are discovering that symptoms are being more accurately diagnosed, awareness has increased and there is an increased willingness for students to come forward with their problems."

The psychological services center is doing its best to deal with the problems of the student, according to Pugh.

concerned with the contents of the message as they are with how it was sent.

"People may not have liked what was stated in that e-mail, me included," Chirico said. "But it doesn't rise to the level of a crime. However, the use of the network may well be a criminal act."

James Snipes, chief of Police, confirms that the way in which the e-mail was sent is indeed a crime.

"This is classified as a computer trespass as well as a theft of computer services," Snipes said.

Snipes is confident about the investigation.

"The computer used to generate the e-mail has been identified and is being processed for computer and forensic evidence," Snipes said.

According to Snipes, if caught, the person responsible can either be charged with theft of computer services, which is a class 1 misdemeanor, or trespass by computer with intent to harm, which if shown to be malicious is a class 3 felony.

The Code of Virginia states that conviction of a class 1 misdemeanor can result in up to 12 months in jail and a \$2,500 fine while a class 3 felony is

"Through a media campaign, we are attempting to increase awareness of these mental illnesses among students," Pugh said. "We have placed posters and table tents all over campus promoting the services that the psychological center provides, including worry workshops and individual appointments for students."

Worry workshops are held four times a semester and usually have an attendance of a dozen people, Pugh said. The workshops are led by staff psychologists and are in discussion format. The issues discussed range from how to relax to addressing the problems of avoidance and procrastination.

"In the individual appointments that are available at the Psychological Services Center, we spend 50 minutes with the student in order to full of a history as

possible," said Pugh. "We ask what brings them there, what they want, and then we have them come up with their own goal. In order to make a diagnosis, we identify whether or not their symptoms are affecting their daily functioning and identify the distress level of the patient."

Some students have

complained there is a waiting list at the psychological student center.

"There is typically a long wait list at the center," said one student, who asked not to be identified. "There have been a couple of situations where I have gone in because I needed to talk to someone right then, but I couldn't get in to see anyone."

Another student from the University of Mary Washington, a senior education major, said she too has problems with the psychological services center.

"If I am upset, I would rather just talk to my friends," said an anonymous source. "At Psychological Services you have to go through the trouble of getting your appointment scheduled, and then when you go to your appointment, you have to give all the background information to the doctor and that takes almost the full 50 minutes. My friends are a more immediate answer when I have problems."

According to Pugh, there is currently a two week wait for an appointment, although crisis appointments can be made sooner.

"One of our three psychologists had to go on medical leave for the rest of the [fall 2004] semester, which has made us pretty booked," Pugh said. "That is on top of the fact that the demand for psychological services has increased 150 percent since last year. We do have appointments available same-day if someone comes in with the desire to hurt themselves or others, although those appointments are exceptionally rare."

According to Pugh, the change that needs to be made is that of perception.

"We need to reduce the stigma of therapy in our society," Pugh said. "Too many students feel like they have to duck in our door and hide so that no one sees them. People view it as shameful or embarrassing, but it's not, it needs to be understood that it is OK to ask for help, that's what we are here for."

punishable with five to 20 years in prison and/or a \$100,000 fine.

"It doesn't meet the statutory requirements for a hate crime," Snipes said. "There was no threat, so it had been done in a non-criminal manner, [the e-mail] would be protected under the First Amendment no matter how much I disagree with the message."

The e-mail, however, was sent out in a criminal manner.

"Currently, only a small group of accounts can send an e-mail addressed to all students," Joe Haynes, director of infrastructure services, said. "Someone, without authorization, used one of those accounts to send the e-mail in question."

According to Haynes, the Department of Information Technology is cooperating with police in their effort to track down those responsible for the e-mail.

Professor Rosalyn Cooperman, a member of the Political Science Department, commented on the e-mail.

"It's frustrating," Cooperman said. "[Someone is] praying on the worst of what people think of another group."

Cooperman also stressed the fact that the political Science Department was not involved.

"The department has been pulled into this mess," she said. "It's completely unacceptable."

Viewpoints

Editorial Textbook Troubles

For students, the beginning of every new semester is marked by sticker shock, the painful series of reactions to the expense of textbooks. Students are more or less coerced into paying a textbook tab of several hundred dollars for required books.

It is common for a professor to assign seven or eight books for one three-credit class. If a student is taking a full load of 15 to 18 credits in a semester, the student is forced to purchase a small library of books at a hefty fee.

If each class requires even as few as three books, a student enrolled in five classes would have to buy 15 books, most of which cost about \$25 apiece, and would end up spending about \$375.

In some classes, books are only used for brief portions of the curriculum, not the entire semester. In these situations, the student is forced to shell out some serious dough for the academic equivalent of a one-night movie rental.

Professors who assign multitudes of expensive books show disrespect for a student's strained finances. Many students are barely getting by financially, sacrificing a significant amount of time and energy to work part-time jobs.

An exorbitant textbook tab is a slap in the face of the hard-working student on a shoestring budget.

The bookstore management claims they take every possible measure to keep prices as low as possible, but as the books pile up, the bank account depletes.

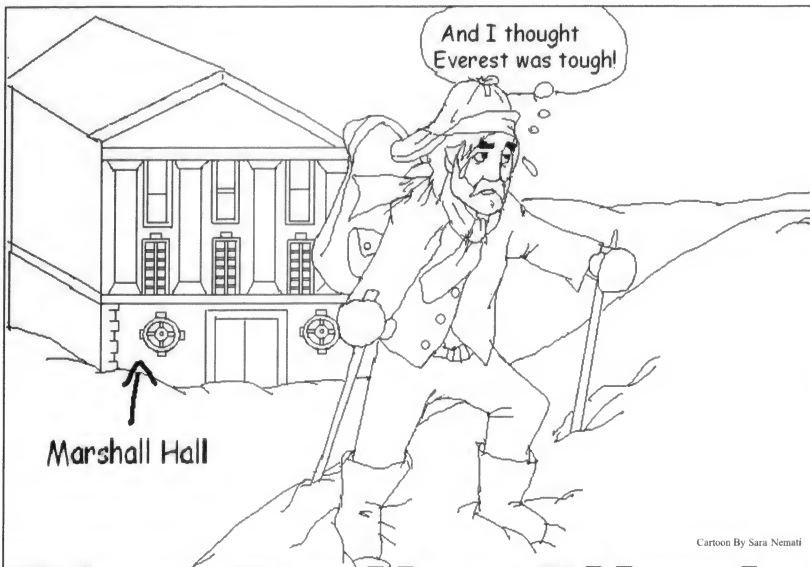
The best textbooks written by the best authors are necessary for teaching any class. However, are seven, eight, nine, or even more books really necessary to teach a semester-long class?

From a student's perspective, it certainly does not seem to be necessary. Professors need some respect for working students by assigning fewer books.

Many professors scan readings and put them online using programs like Blackboard. This is a great way to give students access to reading materials without requiring them to pay for it. Hopefully, more professors will utilize Blackboard in the future.

Students can alleviate the expense of textbooks by sharing books with each other. Instead of selling back that political science textbook at the end of the semester for a measly three dollars, save the textbook and let a friend borrow it when he or she takes the class next semester.

You borrow your friends' textbooks and they borrow yours. Start a tradition of textbook borrowing.



Cartoon By Sara Nemati

The Daily Climb

By JANE GEISLER
Guest Columnist

Unlike most UMW students, the typical Marshall Hall resident's day begins at 4:30 a.m. (This time varies slightly depending on how much time a person takes to get ready.)

After showering and collecting books and notebooks, the Marshallite begins the five hour trek to the top of the hill. Frequent stops are necessary to catch one's breath and change one's hiking socks.

Since it takes so long to reach the altitude at which the rest of campus lies, water and some type of sustenance are essential. It is not uncommon to see Marshall Hall residents collapsed on the side of the road.

With the students' books, rations, small pick

ax, and climbing ropes, a growing number of Marshallites are developing the bodies one would expect to see on triathletes. This is indeed a plus to living down the hill. So is the fact that living at sea level is much cooler in the hotter months because it is, in reality, much closer to the ocean.

A daily feat such as braving the hill to get to class has definitely prompted some brainstorming about what to do in order to aid these ground-dwellers.

One idea mentioned is based upon the construction of a chairlift. It has been noted that this plan will be expensive and unsightly. Moving sidewalks would be much more practical, yet still somewhat unreasonable.

The most promising and efficient plan of

action is, without a doubt, the institution of a UMW football team.

Not only would they be spending lots of time working out, the team members would be helping Marshallites get to class and to meals. In carrying books, and in extreme cases, people, the UMW football team will save education as we know it. In their downtime, the team will play games.

Students can go to watch and enjoy another school sport to cheer on. Undoubtedly, the team will perform amazingly well, crushing its opponents, due to the high intensity and strenuous nature of its workouts, unless the opposing team's campus also possesses a hill, and then a spectacular display of athletics will occur.

This is the problem and resolution of the Marshall hill. It may be hard to comprehend any issue one might have with this beautiful campus, but to gain real understanding there is a simple solution: pack a backpack and start at the bottom.

Jane Geisler is a sophomore.

Relief Effort Or Inauguration Bash? Hmm...

By ERIN LEACH-KEMON
Assistant Viewpoints Editor

Slamming shut the doors of their SUVs and mini-vans, "soccer moms" and businessmen alike rushed through the gates of Costco and Target as employees sounded the bell of the renowned day-after-Christmas sales to the oncoming cattle.

Simultaneously, men, women, and children in Sri Lanka, Myanmar, Thailand, and eight other countries within southern Asia and along the eastern coast of Africa breathed in a new life of disease, poverty, and starvation.

Undeniably, America's economy stands at the forefront of the world. So, gathering all of my collective energies to endure the jarring tone of George Bush's voice once more, I tuned into National Public Radio shortly after the tsunami struck, to hear the monetary offerings of our

affluent country for the relief efforts. Each syllable resounded independently in my ears: 15 million dollars.

My disbelief expanded exponentially as the donations of several European countries were dictated, many of their appropriations extending far beyond our nation's subsidy. Fortunately, nation-wide and international criticism spooked the Bush administration, and nudged them toward a revised relief plan of 350 million dollars.

Despite President Bush's concurrence in 2002 among the United Nations to supply seven-tenths of one percent of our nation's income toward aid, our government has failed to abide by this commitment. Actually, the United States maintains the reputation of offering the least amount of aid amid other nations of substantial wealth.

Even though our nation's administration

afforded President Bush a paramount inauguration four years ago, this year's estimated budget totals close to 40 million dollars.

Ironically, our government cannot seem to uphold its international pledges, yet we can certainly produce a grand banquet for a president with an approval rating of only half our country.

Admittedly, it is not just our nation's government who demonstrates such loathsome gluttony. Even worse than flaunting our wealth in a time of economic despair, there exist people who are currently attempting to gain a financial advantage from this crisis. Scrolling down the featured list of charity organizations for the tsunami relief, I noticed italicized words of caution wedged between "Doctors of the World-USA" and "Feed the Children" warning against particular Web sites that are fabricating

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Features

Sophomore Avoids Close Encounter With Disaster

By MARY DAVID
Staff Writer

Watching gripping footage from the aftermath of the tsunami caused many people to wonder what it must be like for the victims. Sophomore Jay Sinha doesn't have to wonder. He knows.

"I don't think anyone ever thinks, 'I'm gonna be there when it happens,'" Sinha said. "No one expects it to happen to them. No one expects that they're going to be there."

But he was there.

Sinha viewed firsthand the destruction

following the underwater earthquake that ravaged South East Asia on Dec. 26. The tsunami devastated 11 countries, with a death toll of more than 150,000, according to washingtonpost.com. This number continues to climb as many of the missing are presumed dead. The BBC news Web site reports that hundreds of thousands of victims, a number of whom are orphans, are now homeless.

Sinha visited Sri Lanka Dec. 11 on his way to India. He stayed with family for most of his winter vacation before returning to Sri Lanka just weeks after the disaster. Sinha was able to speak

with some of the survivors before he came back to America on the 11 of January.

"I stopped in Sri Lanka on my way to India on a 2 day flight plan," Sinha explained. "I went to India to visit, to tour the monuments in northern India and then visit my relatives."

Sinha was traveling alongside his mother and younger brother. "We stayed in the Browns Beach Hotel, which is near Colombo, the capital. It's right there on the beach."

Sinha said he loved the view.

"We were on the first floor, so we opened up the back door to the deck and boom! Sand...it was great."

According to Sinha, the beach in Sri Lanka was like nothing he had ever seen. "I don't know how to describe it. First of all, the palm trees and the banana trees were so beautiful. There were like 50 feet of sand and all this rolling ocean right there."

Sinha described the atmosphere in Sri Lanka as different from what he experiences in the United States. "I'm used to, in America, being associated with a lot of stress," he said. "It felt good to go to Sri Lanka and see how [the people] live. They don't get carried away with the current fad. They care about life in the present. They're more spiritual."

Sinha said the stopover in Sri Lanka was accidental.

"We picked our flight plan last minute, so we didn't have much of a choice."

Sinha spent nine hours in Sri Lanka before continuing on to his destination, Bihar, India. It was there that he first learned of the disaster.



Courtesy AFP

The tsunami caused death and destruction in many Asian countries including Sri Lanka.

"I was in my grandmother's house and I got the daily newspaper," he said. "And I just see this headline, 30,000 killed in a big tsunami. And I stopped and I thought to myself, 'It's in a small place in Indonesia.' And I continued to read and it said many hotels in Sri Lanka and India were hit and I thought to myself, 'Was that my hotel, where I had stayed at?'"

Sinha said he was shocked.

"When [my brother and I] heard it hit [we thought], 'This is bigger, this is world-wide catastrophe, this is so much destruction.' I was nervous about how it would affect my getting home and how many people had no homes for that matter."

According to news.bbc.co.uk, the Indian Ocean does not currently have a tsunami warning system in place.

"It is a tsunami-prone area so certainly if they had some type of warning system, a lot of lives could have been saved," said Professor Elizabeth Larus, associate professor of political science. "But when you have 30 foot waves...in some of these places there is nowhere to go...even if you had a warning device."

Sinha's return flight included a stopover in Sri Lanka and staying at the same hotel he had occupied originally.

It wasn't until Sinha saw pictures, he said, that

► See TSUNAMI, page 5



Courtesy Jay Sinha

Sophomore Jay Sinha said he loved the view from his hotel on the coast of Sri Lanka. He vacationed there days before and after the tsunami last December.

Surf's Up for Student Chasing Business Dream

By TIERNEY MCAFEE
Staff Writer

Junior Todd Curran's dream can be summed up in one word: Omnicab.

"This word, meaningless to the careless observer, means a love of surf, freedom, hanging out, and a good time," Curran wrote on his Web site, omnicab.com.

Omnicab is a surf-inspired clothing company that Curran and his younger brother Daniel started in 2002.

"One day I was making iron-on t-shirts with letters and I ran out of letters," Curran said. "I was looking in the leftover letters and 'Omnicab' came out of it, and I never turned back from that."

Since the company was started, Curran has sold about 500 items. Thirty-four items were purchased by students at the University of Mary Washington.

Omnicab sells both men's and women's designs. T-shirts are sold for \$10, sweatshirts are \$20, and wristbands and stickers are \$1 each. The shirts and sweatshirts come in 11 different colors and fonts to choose from. Curran purchases the shirts wholesale and then screen-prints the designs onto the shirts himself.

Omnicab makes a profit of about half the product's selling price, but Curran says that almost all of the profits go right back into his company.

Curran has a lot of passion for his product, but he needs help with the practical aspects of running a business. That's where Curran's close friend and business adviser, Amaha Tsegaye, comes in.

"Todd is very passionate about Omnicab and at times he can let his passion rule over his reason," said Tsegaye, a junior at the University of Mary Washington. "I give Todd sound advice that is a bit more conservative and constructive than some of his ideas. He certainly has excellent ideas, it's just that I tend to think with a business mindset and that helps the company."

Curran and the Omnicab team are always coming up with new ideas. The wristband, a recent addition to the Omnicab line, is a green plaid band that resembles the end of a flannel shirt with the company name imprinted on it.

"The wristband idea came one day when I was up in Georgetown with [Tsegaye], and we saw wristbands being sold for like \$15," Curran said. "I was like, 'Dude, let's start something like that and sell it for less.' That's how everything starts, we see something cool and we do it our way."

Junior Zac Smith is a big fan of the Omnicab line. He owns two sweatshirts, t w o wristbands, and several stickers.

"I like Omnicab because it's different," Smith said.

Smith said, "It's something everyone else doesn't have, and its not too expensive. Todd charges half the amount for a sweatshirt that would be bought in a store, so when it got cold and I needed a hoodie, I went to him."

Smith is hoping for some new Omnicab products.

"I think wool caps would be really sweet," he said.

Students aren't the only ones on campus who are sporting Omnicab designs. Dr. Jose Sainz, a Spanish professor at the University of Mary Washington, is the proud owner of several Omnicab t-shirts, a wristband, and some stickers.

"I think Todd is very talented," Sainz said. "I like the idea he has put together, and I try to always support student initiative."

Sainz likes Omnicab so much that he has asked Curran to make



Courtesy Todd Curran

Above: Co-owners of Omnicab, junior Todd Curran (right) and his younger brother Daniel (left), with CJ Hobgood, one of the top surfers in the country. Left: A friend of Curran's models one of the t-shirts in the line.

t-shirts for Mary Washington's study abroad trip to Bilbao this summer. The two have begun working on a design which would include the Omnicab logo.

"I wore the shirts in Spain last year and a lot of the students liked the Omnicab logo," Sainz said.

Curran himself owns 15 Omnicab tee-shirts, so he can wear Omnicab every day. But even if he's getting lazy with his laundry, he can always show off his Omnicab tattoo on his left ankle.

For Curran and others, Omnicab is more than just a clothing line; it's a way of expressing themselves.

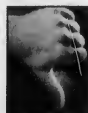
"I like the little things like the wrist bands and the stickers because it's reminder that Omnicab can be anything," Tsegaye

► See OMNICAB, page 5

Thumbs Up... Thumbs Down....



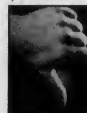
To SNOW!!



To computer problems.



To the Women's Basketball team's 12-3 record.



To The Free-Lance Star always scooping *The Bulletin*.

Send your own thumbs to bullet@umw.edu

New Years Resolution: QUIT SMOKING !!!

Students Trying to Quit Get Help on Campus

By MEGAN GALLAGHER
Staff Writer

If sophomore Ruth Brown wanted to quit smoking this year, there is help available in Fredericksburg and even on the University of Mary Washington campus.

However, Brown, along with many other students, was unaware of the resources in the area. Brown pointed out that other services on campus seem to get more advertising. "You see all sorts of stuff about birth control, but not so much about the nicotine patch."

According to the survey cited on Wellness Center posters, 64.8 percent of Mary Washington students don't smoke cigarettes. Presumably, 35.2 percent do.

One option for those who want to quit smoking are classes that are offered periodically at Mary Washington Hospital. The smoking cessation program offers counseling and information on nicotine replacement products.

The next program starts in February, according to Caroline Fuller, the smoking cessation program coordinator. The number of courses offered and the times depend on requests and the needs of the community. The classes cost \$40.

Fuller said that most local hospitals have a program of some kind, and that someone looking to quit should try calling them.

For students who live in Virginia, one resource for finding these programs is smokefreevirginia.org.

Fuller also said that potential quitters should ask their doctors to ensure that they are using proper methods.

There are also some resources available on campus to faculty and students wishing to quit, and the potential for more.

While the Health Center doesn't have anti-smoking classes, they will talk to students who come in individually and give them the patch if they want it, said Nancy Yates, associate director of the health center. She also said this would be something for peer educator groups to consider doing.

There are several informational pamphlets available in the Health Center. All the pamphlets have an overview of reasons to quit, but one, "The ABC's of Smoking," includes many pictures of diseased organs with

explanatory captions.

The other two pamphlets both include tips on quitting. Both suggest exercise, drinking plenty of water, and reminding yourself why you want to quit. One, "End the Smoking Affair," features a checklist of reasons to quit.

There are also about six hardcopy guides to quitting smoking available in Simpson Library, with more extensive electronic information, according to Carolyn Parsons, special collections librarian.

However, the place that comes well-recommended is a site called the "Health and Wellness Resource Center."

"That is where to go to get the best, more current information," Parsons said.

The fitness center on campus does not currently have programs to help people quit smoking, according to Associate Director of Campus Recreation Bob Liebau.

However, anti-smoking classes are a possibility for the Wellness Resource Center when it opens, Liebau said. He hopes that this room, located on the first floor of the fitness center, will open some time around the middle of the Spring 2005 semester.

Sometimes it is difficult for an individual who has never smoked to know how to support her or his friends and family who may be quitting.

"The biggest thing is do not nag," Fuller said.

According to Fuller, non-smokers should be supportive and, if the quitting smoker relapses, the non-smoker should encourage them that they can still quit. Fuller also suggested that non-smokers can help quitting smokers to find other things to do besides smoking.

Fuller said that her smoking cessation program needs of interns this semester. She suggested this might be a particularly good internship opportunity for students interested in the health care field or in teaching. Fuller said that there will be information available in the University's Career Center.

To enroll in the smoking cessation program or to find out more, call Caroline Fuller at 741-1334.

Anthony Campbell, a Fredericksburg native and winner of "The Today Show" talent contest performed in Dodd Auditorium on day. This was his first large-production concert since winning his recording contract.



Dan Coo/Bullet

Student-run Clothing Line Gains Success

◀ OMNICAB, page 4

said, "Omnicab is kind of like a way of life for me. It can be on your wrist, your car, your shirt, but it's all Omnicab. It's about being free and open and happy. It's about exploring what you like and being true to yourself."

Junior Mike Hoffman, who was just recently made co-owner of Omnicab, designed the Omnicab Web site. Hoffman hopes that the Web site will help increase the sales of clothing and merchandise.

"Since about a month and a half ago, we've been working on the Omnicab site to get it looking as professional as possible," Hoffman said. "When I first started working on it, I really didn't know that much about making sites, but I improvised and taught myself some stuff with a few programs and now it's coming along pretty well."

Although the publicity from word of mouth and the Web site is spreading the word about Omnicab, the company's best exposure would be to get surfers to wear Omnicab.

Omnicab has already sponsored one bodyboarder. Sophomore Andrew Eaton sports an Omnicab sticker on his board, wears Omnicab to the beach to get the name out, and Omnicab will pay for Eaton to enter competitions.

"Todd's really excited and that

likes to test their abilities against others and we offer that."

The competition had 15 participants in its first year, and 25 the following year. Curran's brother Daniel took home first place both years. Curran has high hopes for this year's competition, which will involve more organization and planning than previous years.

Curran, a Spanish major, will be graduating next fall, and has plans to eventually make Omnicab his life's work. He hopes to someday open a



Courtesy Todd Curran

Junior Amaha Tsegaye helps his friend Curran with the business aspects of the clothing line.

surf shop with his brother Daniel. Omnicab has been trademarked, but Curran plans to have it copyrighted sometime in the next couple of years. He hopes that Omnicab will one day rival such big names as Hurley and Quiksilver.

"Omnicab is my life," Curran said. "My biggest dream is to have Omnicab in every surf shop across the country. I want Omnicab to be a recognized and respected surf company that is ever-changing for the betterment of the surf lifestyle."

For now the next step is to get Omnicab into stores. Curran is planning on trying to get Omnicab merchandise into Fredericksburg Skate Shop and a shop down in the Virginia Beach area. "I see Omnicab being very successful, especially in the sense that it will make Todd happy," Tsegaye said. "It will be a powerful, positive force in his life that he'll enjoy putting effort into, and if Omnicab gets better than it will be something that can touch the lives of many."

Only time will tell whether or not Omnicab will make it big, but Curran isn't worried.

"I'm just taking it one wave at a time," he said.

Student Survives Tsunami Tragedy

◀ TSUNAMI, page 4

he started to understand the seriousness of what had happened.

"That's when I started to actually grasp how graphic, how catastrophic the tsunami actually was. [I saw] pictures of mass graves, children with bloated bodies, and mothers crying for their kids. It was incredibly heartbreaking."

Jodie Hayob, associate professor of geology for the university described the tsunami as "...the largest earthquake in about 40 years." She said it's different than a tidal wave.

"It's a wave generated...by sudden offsets in the sea floor caused by an earth quake," Hayob said. "What actually happened was pretty common. It was the magnitude that was surprising."

Dr. Joseph Nicholas, associate professor and chair of the geography department, was in Bangkok at the time of the accident. Thankfully, Nicholas and his family were not injured.

"It's a bit strange to think how close I was to the disaster, and there was nothing happening around me that would indicate what had just happened," he said. "None of my wife's family lived down that way, so everyone that we know is safe."

Sinha said he was worried about all the people he had met in Sri Lanka.

"I kept imagining the hotel staff being washed away by this huge wave," he said. "I felt more connected to the victims. When you hear 30,000 victims, it's people you know. It's people you've seen before."

Sinha said when he first arrived back in Sri Lanka, he didn't detect much of a change.

"The airport didn't look any different so I figured that this side of the island missed the tsunami entirely."

Sinha said it was only after he reached the hotel that he

realized the Sri Lanka he returned to was different from the one he had left behind just a few weeks earlier.

"Before there were so many boats, especially tourist boats, cruise liners," he said. "When I got back, [there was] not a single one. There were much fewer people. Only people on stopover flights, people in our situation, were there."

Sinha said the hotel staff were eager to talk to him about what happened.

"[They] described how all the dining facilities were washed away and how they lost so many of the rooms," he said. "They had got many of the people at the hotel away. [One staff member said,] 'you wouldn't believe it, this wave came right at the hotel and it was crazy.' They cleared the beach so [there were] no fatalities, no injuries. They moved everyone out of the hotel towards the street."

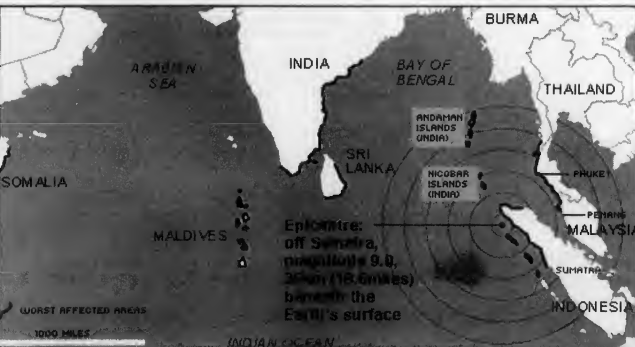
Sinha said the Sri Lankans he spoke with were more concerned with the economic implications of the tsunami.

"The staff were actually more depressed at the fact that business in Sri Lanka was about to decline a great deal than they were of the actual destruction of Sri Lanka itself," he explains. "They were depressed about what were the long term consequences of this tsunami in terms of [if they would be] fired."

When thinking back on the experience, Sinha said, "It was just shocking...I mean what else would have happened if I had decided to stay in Colombo an extra day?"

Sinha said this was the first time he felt personally touched by a disaster of this magnitude.

"I felt so close," he said. "When I hear about so many people dying, I usually don't think about the individual people. You seem to treat it like a statistic. I really felt more of the gravity of the situation and just how horrible it was to be affected by the tsunami."



Courtesy guardian.co.uk

The effects of the tsunami were seen in areas as far away as eastern Africa.

Scene

"Great Lives" Leave Great Impressions

By MARIAM OUHAMOU
Staff Writer

Legendary baseball star Jackie Robinson was a sports renaissance man: in college, he played basketball, football, baseball; and ran track. Baseball was his worst sport. Susan B. Anthony's crooked eye stemmed from reading too much as a child.

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This proves glaringly obvious as one views the schedule—from Muhammad to Mozart, speakers run the gamut of scholarship. The selection process for the speakers and topics was largely student-initiated.

"Some of the speakers on this year's list are lives that were identified by participants in last year's program," said Carter Hudgins, history department chair and the program's co-director. The history department's student representatives added their input as well.

Much of the schedule was also based on professors' expertise. Crawley and Hudgins conversed with other professors on campus, gauging their areas of interest and research.

"We all know academics aren't good speakers," Hudgins said. "One of the things that we want to strive for is to make sure that each of the presenters is a compelling speaker."

The "Great Lives" talks this year feature more outside speakers than last year, largely due to a generous grant provided by John

Chappell in memory of his late wife, Carmen, who graduated from the university in 1959.

The History department capped "Great Lives" enrollment at roughly 100 students and many who had taken the course last year tried to enroll again. If students could not enroll or were not aware the class was being offered, fear not—the lectures are open to the public, drawing in members of the Fredericksburg community and UMW students alike.

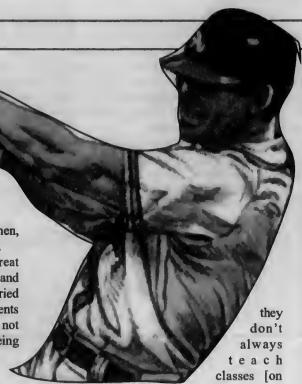
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"I was impressed with the lectures," she said. "Crawley and Hudgins did a great job putting it together."

Baker was a History major, but knew many non-majors who attended the presentations.

"I would recommend the lectures to non-history majors because you can pick and choose based on what sounds interesting to you," Baker said. "You learn more details in 'Great Lives' than other classes."

While the university has drawn in many members of the community with the lectures via mass mailings and media coverage, it has not forgotten its target audience: the students.

This year, there are 12 lectures, as opposed to last year's 23. Lectures this year are limited to Thursday nights, with Tuesdays being reserved for class discussion. Discussions are

▶ See GREAT LIVES, page 7

Krispy Kreme Rolls Into Town

By ZACH BOWMAN
Staff Writer

Good news for those students plagued by Homer Simpson-esque cravings for doughnuts: Krispy Kreme Doughnuts, Inc. is opening a brand new location in Central Park by early March this year.

The new store will be the first Krispy Kreme in Fredericksburg. As of now, the closest locations for hot, glazed, doughy goodness are 50 miles south in Richmond and 39 miles north in Alexandria, a bit much even for a cartoon character.

The new location was chosen for several reasons, according to Krispy Kreme Market Manager Jeff Bacon.

"One of the reasons for a Fredericksburg location was several people had expressed interest in Krispy Kreme in the area," Bacon said.

The location, which is situated directly across from the Wal-Mart exit onto Carl D. Silver Parkway, was chosen because of the high number of other restaurants in the vicinity and the future growth of the area.

"There are four new motels going in just down the road in the near future, so the location was ideal," Bacon said.

▶ See KRISPY KREME, page 7

The new store will be open until midnight on most days with a drive-through window open 24 hours a day, so no matter what time the craving for the 29 varieties of hot-glazed glory strikes it can be satisfied.

Krispy Kreme has been taking care of cravings for more than half a century.

According to their Web site, krispykreme.com, the doughnut franchise was established in 1937 when the founder "bought a secret yeast-raised doughnut recipe from a French chef from New Orleans, rented a building in what is now called historic Old Salem in Winston-Salem, N.C., and began selling Krispy Kreme doughnuts to local grocery stores."

The first actual store was out of the factory itself, and the golden tori have been rolling out ever since.

Now Krispy Kreme can be found all over the world, from Korea to Australia. Here at the University of Mary Washington, students are generally excited about the new store opening.

"I think it's pretty cool. I've only been to a Krispy Kreme twice before, but it was delicious. Hot doughnuts in the morning

Spice Up Your Life With Thai Cuisine



Staff Review

First Person

By ELIZABETH MURRAY
Staff Writer

As much as Mary Washington students love the versatility of our dining options between Seacobeck and the Eagles Nest, every once in a while, it is nice to take a break.

If students are going to spend a night on the town, or perhaps an afternoon, then Bangkok Café is an excellent option.

The restaurant, located on Caroline Street in downtown Fredericksburg, advertises itself as serving "Fine Thai Cuisine" and they deliver on their claim.

A common misconception is that the food is similar to that



A Thai granite mortar and pestle used for herbs, seeds, spices, and nuts

▶ See BANGKOK, page 7

New CDs This Week

From the top left:

Fats Domino: "Sweet Patootie: The Complete Reprise Recordings"

Placebo: "Once More With Feeling: Singles 1996-2004"

Robbie Williams: "Greatest Hits"

Magnolia Electric Co: "Trials & Errors"

Note: All CD release dates were Jan. 18, 2005

All CD cover art courtesy of allmusic.com



Top 3 Movies

Courtesy imdb.com



1. "Coach Carter"



2. "Meet the Fockers"



3. "Racing Stripes"

What Would You Like To See Happen In Your Lifetime?

Dan Coo/Bullet



"A Woman President."

—Joy Strojek,
Junior



"People living on another planet."

—Eric Holscher,
Freshman



"Get married and have babies."

—Molly Rogers,
Freshman



"Cheaper prices at the Eagles Nest and better service."

—Kyle Coppinger,
Sophomore



"The acceptance of homosexuality in society."

—Sarah Peterson,
Junior

An Inexpensive Trip To Thailand

◀ BANGKOK, page 6

of China.

However, Thai food has a different flavor than any other food people might experience. Additionally, the Bangkok Café does not give their customers chopsticks for a reason; they do not use them in Thailand.

The Bangkok Café menu provides a wide variety of options to appeal to any palate from omnivores to vegetarians and mild food lovers, those bold enough to test the heat of true Thai food.

The restaurant prepares each meal to the taste of the particular individual and customers have the option of choosing their spices from "mild" to "medium" to "American-hot" all the way up to "Thai-hot!" In this way, they ensure customers will enjoy their meals.

Several companions accompanied me to the Bangkok Café for lunch. Between the four of us, we ordered soup, an appetizer, and several different entrees. I had the opportunity of tasting everything, and it was all fantastic.

A dining companion, who prefers to remain anonymous, said the soup, "has a good texture. Creamy, tart, and tender, the Tom Kha Gai [chicken soup in a creamy coconut milk with lemon grass] is excellent."

Vanessa Blaney, a sophomore and chef, ordered the Chicken with Cashew Nuts.

"The chicken was tender," Blaney said. "The flavors and textures complemented each other very nicely to create a unique and tasty dish."

She said she highly recommends it.

I myself decided to try the Pad-Thai, which is one of the most popular items on the menu. It was a chicken and noodle dish, and

I made sure to order mild flavoring.

The dish was excellent, and while it was a lot of food, it was not unpleasantly heavy.

“The chicken was tender. The flavors and textures complemented each other very nicely to create a unique and tasty dish.”

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Also, it had a lot of flavor and had a kick to it, while not being overpoweringly spicy. There really is no comparison to Thai food, but it is definitely worth trying, especially for an adventurous customer.

Lunch and dinner prices differ, but both are very reasonable.

Meals range from approximately five to \$15, which costs about the same price as a pizza, but provides a healthier and still delicious option.

Bangkok Café
825 Caroline St.

Monday.....Open 11:30 a.m. to 9 p.m.
Tuesday.....Closed
Wednesday.....Open 4 p.m. to 9 p.m.
Thursday.....Open 11:30 a.m. to 9 p.m.
Friday.....Open 11:30 a.m. to 9:30 p.m.
Saturday.....Open 11:30 a.m. to 9:30 p.m.

* Take-home menus are available; however, they do not deliver.
* They accept payments of cash or credit card.

* If you have any questions, the Bangkok Café phone number is (540) 373-0745.



Pad Thai is one of the most popular Thai dishes.

Doughnuts Rise Up In March

◀ KRISPY KREME, page 6

would not be a bad thing," said junior

Meghan Hagerly.

Senior Ian Rhoad does not see the necessity for a 24-hour doughnut store but is still anxious to see the shop open.

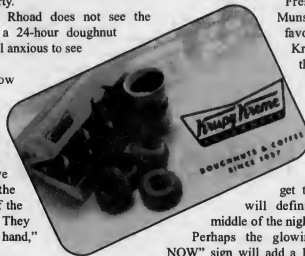
"I don't know who's going to go get doughnuts at four in the morning, but why not? Have you had [the doughnuts] off the line though? They melt in your hand," Rhoad said.

Other students have yet to share the Krispy Kreme experience, but are willing to try.

"I really don't go to Krispy Kreme, but if it's open 24-7 I'll go," said senior Adam Russel.

Freshman Eric Munsen, whose favorite Krispy Kreme doughnut is the chocolate glazed, said, "I have to say I'm really excited. I would be more excited if I had a way to get there, but still, I will definitely go in the middle of the night."

Perhaps the glowing neon "HOT NOW" sign will add a little incentive to return to UMW after spring break in the tropics. It's no sun-soaked beach, but it is a gooey, sugar-drenched bite of heaven.



Classifieds

SPRING BREAK 2005

Travel with STS, America's #1 Student Tour Operator to Jamaica, Cancun, Acapulco, Bahamas and Florida. NOW HIRING ON-CAMPUS REPS. Call for group discounts. Info/Reservations 1-800-648-4849. www.ststravel.com.

SPRING BREAK

Spring Break Bahamas Celebrity Party Cruise! 5 Days \$299! Includes Meals, Parties! Cancun, Acapulco, Nassau, Jamaica From \$459! Panama City & Daytona \$159! www.SpringBreakTravel.com <<http://www.springbreaktravel.com/>> 1-800-678-6386.

Babysitter Wanted

Looking for a babysitter to watch my 10 month old in my Fredericksburg home. I attend VCU and need help while I take classes. Pay is negotiable Contact Michelle Messick 540-548-0483 or cell 287-3126

Babysitter Wanted

Babysitter wanted for six month boy on the occasional weekend night. Please contact Kris at kjrowell@adelphia.net.

Missing

If you are a brown haired boy that owns a black and grey "ARCTERYX" backpack and was in the bookstore on Monday Jan 10th and accidentally mixed backpacks for a minute with a girl, there is something very important in the front pocket. Please turn it in to the police station as Soon as possible.

Skydiving

SKYDIVE! one day first Tandem jumps from 2 1/2 miles up! 22 jumper aircraft. Gift Certificates! UMW Student Discounts! www.skydiveorange.com (877)DIVESKY.

Prominent Personalities Regenerate Through Series' Dozen

◀ GREAT LIVES, page 6

open to enrolled students only. The large class is divided into three discussion groups, each led by an expert professor to better target the past week's topic.

Assistant Professor of Political Science Jason Davidson lectured last year on the life of Italian dictator Benito Mussolini, spending roughly 20 to 30 hours compiling information. For Davidson, biography is an important way for people to connect with subjects.

"It's easiest for us as human beings to empathize with other human beings, whether they're people we want to model ourselves after, or whether they have negative traits that we don't like in ourselves," Davidson said. "The alternative would be me giving a lecture on politics and society in fascist Italy—I don't think that many people would show up."

Professor Hudgins hopes that "Great Lives" will enable attendees to connect with

the personalities presented while learning important historical facts.

"One of the things I hope students will take away is how the people who landed on this list...achieved what they did," Hudgins said. "Looking at people facing trials, facing tribulations, overcoming obstacles—that's one of the themes woven through all this."

More information on scheduled speakers and topics can be found at umw.edu/greatlives/schedule

Lectures are Thursday evenings at 7:30 p.m. They are free of charge.

Scene

"Great Lives" Leave Great Impressions

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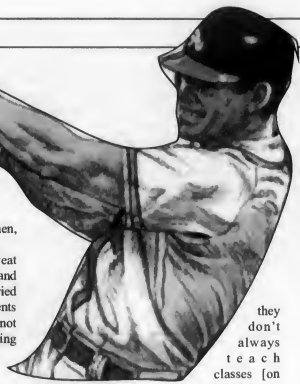
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Fats Domino: "Sweet Patootie: The Complete Reprise Recordings"
Placebo: "Once More With Feeling: Singles 1996-2004"
Robbie Williams: "Greatest Hits"
Magnolia Electric Co.: "Trials & Errors"

Note: All CD release dates were Jan. 18, 2005
All CD cover art courtesy of allmusic.com



Top 3 Movies

Courtesy imdb.com



1. "Coach Carter"



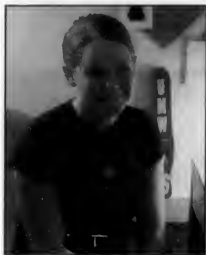
2. "Meet the Fockers"



3. "Racing Stripes"

What Would You Like To See Happen In Your Lifetime?

Dan Coo/Bullet



"A Woman President."

—Joy Strojek,
Junior



"People living on another planet."

—Eric Holscher,
Freshman



"Get married and have babies."

—Molly Rogers,
Freshman



"Cheaper prices at the Eagles Nest and better service."

—Kyle Coppinger,
Sophomore



"The acceptance of homosexuality in society."

—Sarah Peterson,
Junior

An Inexpensive Trip To Thailand

◀ BANGKOK, page 6

of China.

However, Thai food has a different flavor than any other food people might experience. Additionally, the Bangkok Café does not give their customers chopsticks for a reason; they do not use them in Thailand.

The Bangkok Café menu provides a wide variety of options to appeal to any palate from omnivores to vegetarians and mild food lovers, those bold enough to test the heat of true Thai food.

The restaurant prepares each meal to the taste of the particular individual and customers have the option of choosing their spices from "mild" to "medium" to "American-hot" all the way up to "Thai-hot!" In this way, they ensure customers will enjoy their meals.

Several companions accompanied me to the Bangkok Café for lunch. Between the four of us, we ordered soup, an appetizer, and several different entrees. I had the opportunity of tasting everything, and it was all fantastic.

A dining companion, who prefers to remain anonymous, said the soup, "has a good texture. Creamy, tart, and tender, the Tom Kha Gai [chicken soup in a creamy coconut milk with lemon grass] is excellent."

Vanessa Blaney, a sophomore and chef, ordered the Chicken with Cashew Nuts.

"The chicken was tender," Blaney said. "The flavors and textures complemented each other very nicely to create a unique and tasty dish."

She said she highly recommends it.

I myself decided to try the Pad-Thai, which is one of the most popular items on the menu. It was a chicken and noodle dish, and

I made sure to order mild flavoring.

The dish was excellent, and while it was a lot of food, it was not unpleasantly heavy.

“The chicken was tender. The flavors and textures complemented each other very nicely to create a unique and tasty dish.”

—Vanessa Blaney,
Sophomore

Also, it had a lot of flavor and had a kick to it, while not being overpoweringly spicy. There really is no comparison to Thai food, but it is definitely worth trying, especially for an adventurous customer.

Lunch and dinner prices differ, but both are very reasonable.

Meals range from approximately five to \$15, which costs about the same price as a pizza, but provides a healthier and still delicious option.

Bangkok Café
825 Caroline St.

Monday.....Open 11:30 a.m. to 9 p.m.
Tuesday.....Open 11:30 a.m. to 9 p.m.
Wednesday.....Open 4 p.m. to 9 p.m.
Thursday.....Open 11:30 a.m. to 9 p.m.
Friday.....Open 11:30 a.m. to 9:30 p.m.
Saturday.....Open 11:30 a.m. to 9:30 p.m.

* Take-home menus are available; however, they do not deliver.
* They accept payments of cash or credit card.
* If you have any questions, the Bangkok Café phone number is (540) 373-0745.



Pad Thai is one of the most popular Thai dishes.

Doughnuts Rise Up In March

◀ KRISPY KREME, page 6

would not be a bad thing," said junior Meghan Hagerty.

Senior Ian Rhoad does not see the necessity for a 24-hour doughnut store but is still anxious to see the shop open.

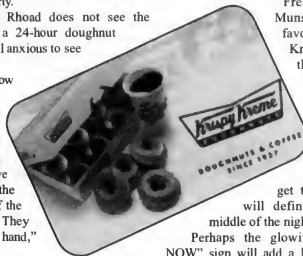
"I don't know who's going to go get doughnuts at four in the morning, but why not? Have you had [the doughnuts] off the line though? They melt in your hand," Rhoad said.

Other students have yet to share the Krispy Kreme experience, but are willing to try.

"I really don't go to Krispy Kreme, but if it's open 24-7 I'll go," said senior Adam Russel.

Freshman Eric Munsen, whose favorite Krispy Kreme doughnut is the chocolate glazed, said, "I have to say I'm really excited. I would be more excited if I had a way to get there, but still, I will definitely go in the middle of the night."

Perhaps the glowing neon "HOT NOW" sign will add a little incentive to return to UMW after spring break in the tropics. It's no sun-soaked beach, but it is a gooey, sugar-drenched bite of heaven.



Classifieds

SPRING BREAK 2005

Travel with STS, America's #1 Student Tour Operator to Jamaica, Cancun, Acapulco, Bahamas and Florida. NOW HIRING ON-CAMPUS REPS. Call for group discounts. Info/Reservations 1-800-648-4849. www.ststravel.com.

SPRING BREAK

Spring Break Bahamas Celebrity Party Cruise! 5 Days \$299! Includes Meals, Parties! Cancun, Acapulco, Nassau, Jamaica From \$459! Panama City & Daytona \$159! www.SpringBreakTravel.com <http://www.springbreaktravel.com/> 1-800-678-6386.

Babysitter Wanted

Looking for a babysitter to watch my 10 month old in my Fredericksburg home. I attend VCU and need help while I take classes. Pay is negotiable Contact Michelle Messick 540-548-0483 or cell 287-3126

Babysitter Wanted

Babysitter wanted for six month boy on the occasional weekend night. Please contact Kris at kjrowell@adelphia.net.

Missing

If you are a brown haired boy that owns a black and grey "ARCTERYX" backpack and was in the bookstore on Monday Jan 10th and accidentally mixed backpacks for a minute with a girl, there is something very important in the front pocket. Please turn it in to the police station as Soon as possible.

Skydiving

SKYDIVE! one day first Tandem jumps from 2 1/2 miles up! 22 jumper aircraft. Gift Certificates! UMW Student Discounts! www.skydiveorange.com (877)DIVESKY.

Prominant Personalities Regenerate Through Series' Dozen

◀ GREAT LIVES, page 6

open to enrolled students only. The large class is divided into three discussion groups, each led by an expert professor to better target the past week's topic.

Assistant Professor of Political Science Jason Davidson lectured last year on the life of Italian dictator Benito Mussolini, spending roughly 20 to 30 hours compiling information. For Davidson, biography is an important way for people to connect with subjects.

"It's the easiest for us as human beings to empathize with other human beings, whether they're people we want to model ourselves after, or whether they have negative traits that we don't like in ourselves," Davidson said. "The alternative would be me giving a lecture on politics and society in fascist Italy—I don't think that many people would show up."

Professor Hudgins hopes that "Great Lives" will enable attendees to connect with

the personalities presented while learning important historical facts.

"One of the things I hope students will take away is how the people who landed on this list... achieved what they did," Hudgins said. "Looking at people facing trials, facing tribulations, overcoming obstacles—that's one of the themes woven through all this."

More information on scheduled speakers and topics can be found at umw.edu/greatlives/schedule

Lectures are Thursday evenings at 7:30 p.m. They are free of charge.

News

Towing Costs UMW

By ERICA JACKSON
Staff Writer

On the morning of Oct. 16, sophomore Elizabeth Phelps walked to the University of Mary Washington Battlegrounds to pick up her car and was greeted with a startling sight: a completely empty parking lot. A frantic visit to campus police revealed that every car in the parking lot had been towed earlier that morning to make room for Homecoming festivities.

Police Chief J.C. Snipes said that campus police had intended to send an e-mail warning students that their cars had to be moved, but the e-mail was never sent and no signs were posted at the lot. Because of this confusion, approximately 40 students' cars were towed, costing campus police over \$1,000. Students were informed that if their cars were not retrieved by 3:00 that afternoon they would be charged storage fees.

Police realized that the e-mail had not been sent early Saturday morning, and they resorted to phone calls to notify students. Most students did not receive the early-morning calls.

Phelps received the phone call but she did not move her car.

"It was Friday night of Homecoming, I got a call at 2:00 in the morning, and there was no way that I could safely go and get my car," she said. "Plus, where would I move it anyway? They'd probably give me a ticket no matter where I parked."

Sophomore Beth Jordan was at home in southwestern Virginia with monocleosis when her car was towed. After friends informed her of the situation, her parents drove nearly 200 miles from Salem the next day to pick up her car, so they could avoid the towing company's storage fee of \$40 per day.

Although police agreed to pay the initial costs due to her unique situation, Jordan was displeased with their attitude.

"I didn't ever talk to them directly but my dad said that they weren't very helpful," she said. "Like they didn't take any responsibility for any of it and they just seemed pretty fed up with the whole situation too."

Sophomore Drew Bohn was not so lucky. With an ankle injury from soccer, Bohn was unable to walk to his car until a week after it had been towed. When he arrived at the lot and couldn't find his car, he assumed it had been stolen.

Although he was relieved that it had not been stolen, he was upset when he learned it had been towed. His frustration quickly turned to outrage when he learned that he would be charged \$280 for the storage of his vehicle.

Police refused to pay Bohn's fees despite his complaints.

"They said, 'You should have known about it because we called everybody's room.' My room phone...we haven't even got it working yet," he said.

Bohn is currently contesting the charges.

"I just really feel like this happened to me and no one really cared about it. Like they were just pushing me aside. I think that the school should be a little more supportive than that," Bohn said.

Carol Coleman, joint owner of Coleman Towing and Motor Company, defended Campus Police.

"I think the University stepped up, realized that there had possibly been some issues about the messages not being sent properly," she said. "They stepped up and took care of their responsibility on it."

In all Coleman towed approximately 25 cars, using two tow trucks. It took over two hours.



Dan Ceo/Bullet

Signs in university parking lots inform students of towing enforcement.

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Coleman applauded the attitude of most students who came to retrieve their cars.

"Basically, they handled it very maturely," she said.

A similar incident occurred in September of 2003. Although signs were posted around campus, they were unclear and posted very late. Thirty-five cars were towed, and after many complaints, the Office of Student Affairs picked up the charges.

Chief Snipes said that campus police had received only "a handful" of complaints concerning this incident.

However, all of the students interviewed were frustrated not only with the towing incident but with the parking situation in general at the University.

"If I'd have parked off campus, I could have

[gotten] seven tickets by now and I'd still have more money than if I parked on campus," Bohn said.

Jordan decried the parking situation in general. "It just makes me mad that they're enforcing more and more parking rules when they're taking more and more parking away," she said.

Sophomore Katie Swanson has had problems with the parking situation all year, receiving four parking tickets just this semester.

"As far as I am concerned the police here are too disorganized to be effective," she said. "Maybe if they weren't busy writing me parking tickets for invalid reasons, they would have remembered to tell my friends their cars were being towed."

BOV Hikes President Anderson's Salary

By COREY BYERS
News Editor

The University of Mary Washington's Board of Visitors has approved a 3.6 percent raise in President William Anderson's salary.

Anderson had previously been earning \$268,500 a year but this past November his salary was boosted to \$278,791, a raise which took effect on Nov. 25, 2004.

According to Richard Hurley, the university's executive vice president and chief financial officer, \$123,046 of that sum will be coming from the state of Virginia. The remaining balance of \$155,745 will come from the university's private funds.

Terry Luttrell, the administrative coordinator for the president and the clerk of the BOV said the board unanimously voted to increase Anderson's salary on Saturday, Nov. 19. The vote came after the board discussed a resolution regarding the president's salary behind closed doors on Friday, Nov. 20. The resolution was part of the board's November meeting.

The last major raise for Anderson came in 2000 when the BOV approved a 41 percent hike in the president's salary. At the time, he was one of Virginia's lowest-paid presidents at a state-supported, four-year college, earning approximately \$172,500. When the 41 percent raise took effect he earned \$243,500 and received a subsequent raise in 2003 when the BOV set his salary at \$268,500.

Yearly increases in the president's salary along with other faculty and staff members are not uncommon.

"Unless the state is having financial

difficulties, salaries for employees are generally increased on an annual basis," Hurley said.

"The procedure for classified employees is determined by the state but generally, their increases are 'across the board' as opposed to being decided based on performance; all faculty salary increases are determined based on performance, i.e. merit based increases."

Over Anderson's 20 years at the university, he has been responsible for overseeing approximately 19 capital projects. His resume lists the most recent projects which include the 2003 purchase of the Marye's Heights Apartments, now known as the Apartments at UMW, and the constructions of the Jepson Alumni Executive Center and the UMW Fitness Center.

Mona Albertine, the rector of the BOV, said the board raised the president's salary by an amount that was in keeping with the

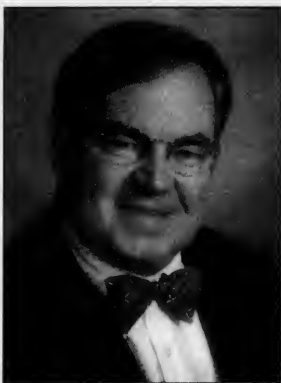
raises of the university's faculty.

"The board feels very strongly that it has been with President Anderson's vision and leadership that the University of Mary Washington has achieved the stature that it enjoys today," Albertine said.

Albertine cited examples of the president's various achievements during his 20 year tenure as reasons for the salary hike.

"In this past year the Fitness Center has opened, as has the Alumni Executive Center. Fundraising is at an all time high, and the endowment has pushed beyond \$20 million," Albertine said. "He is spearheading a new capital campaign that

will build endowments for teaching and for programming, among other things. He is committed to doing what is necessary to get to a 15 to 1 ratio; without his enthusiasm and leadership these goals would not be possible."



Courtesy University relations

President William M. Anderson

The president's resume states that he is currently overseeing the formation of a conceptual design for a university convocation center.

Unlike other university and college presidents in the state, Anderson is not enrolled in a deferred compensation plan. Such a plan would allow for private funds to be invested into a retirement account for Anderson by the BOV.

The Virginian-Pilot reported in October 2004 that 13 of the 15 four-year institutions in Virginia award their presidents deferred compensation packages as an incentive to stay with the institutions.

When asked if he felt as though Anderson's salary was competitive with those of other institutional presidents, Hurley declined to comment.

Of the president's 2003-2004 salary, however, Hurley commented to the Virginian-Pilot last October that president Anderson "is happy with his compensation and believes he is fairly compensated."

John T. Casten III, the University of Virginia's president, was the highest paid state college president last year, earning \$391,490 along with a deferred compensation account currently valued at \$885,000.

Virginia Tech's president Charles W. Steger was the second-highest paid college president in the state with a \$341,250 salary and \$310,937 deferred compensation account.

Rounding out the top 3 highest paid presidents was Eugene P. Trani from Virginia Commonwealth University earning \$337,625 along with his deferred compensation account which is valued at \$842,000.

State Board Approves UMW Major Proposal

4 MAJOR, page 1

Huber said that she hopes to make an offer for the position late February or early March and have the position filled by August 2005.

On Nov. 19, the BOV issued a meeting to discuss whether or not anthropology will be offered as an independent major. Marti Leighty, a member of the BOV and the assistant dean for arts, humanities and social sciences at a community college in Virginia said that he supported the major largely because of Dr. Huber's excellent presentation.

"I believe the Board was unanimous in this decision," Leighty said.

They approved Huber's proposal the next day. However, during the BOV meeting, members had a few concerns and questions about the major.

"My concerns were about the academic integrity of this major, the number of possible majors, the qualifications of the faculty involved, and the cost," Leighty said.

In terms of faculty, having only three faculty members for the department became a concern for some BOV members. However, Morello believes that this will not be a problem.

"Currently, there are only two faculty for german, three for physics, four for geology, and five for economics," Morello said.

After the questioning period, Huber addressed each of the points.

"She very ably addressed all of these points. She was extremely knowledgeable and well-prepared," Leighty said. "It appears that this major has been carefully thought out, especially by the sociology faculty and Dr. Huber."

Huber and Gable, who worked on the proposal for three weeks, needed the approval from the State Council of Higher Education, which was the last step before anthropology officially becomes its own major.

In order to keep this major offered at UMW, Huber believes that an average of five students need to major in anthropology per year over a five-year period.

According to Elizabeth Hughes, BOV member, history has indicated that somewhere between 12 and 15 students will graduate with anthropology majors each year and that is more than sufficient to hold its place as a major at UMW.

However, Huber and Gable expect introductory enrollments of between 25 and 35 students per section

and upper-level enrollments of between 15-25 per section.

Senior Monica Chan, another student with a major in sociology and a concentration in anthropology, said, "I feel like it's about time. I've always been so jealous when I've gone to see my sister at George Mason. I've gone to their book store where they sell their class books and I look at all the different anthropology courses they offer."

Students will be given the first chance to sign up as anthropology majors in the beginning of next fall, when the new course catalogue comes out.

According to the anthropology proposal, there are high levels of enrollments in anthropology programs in most schools in Virginia. Seventy-seven students graduated with an anthropology degree in 2003 at the University of Virginia, 55 at James Madison University in 1999 and 26 students at George Mason University in 2003.

The number of majors at UMW compares favorably with those of Longwood University and Radford. At UMW, 17 students graduated with an anthropology concentration. At Longwood, 13 graduated last year and at Radford, only 9 graduated.

Most students at UMW believe that graduating with this degree aids them in finding occupations in the near future.

Junior Bryce Davenport, a student with a concentration in anthropology, said, "As far as the student body goes, we have wanted this for quite some time."

According to Samantha Krause, a student with an anthropology and geology major, offering anthropology as a major will benefit her in her future goals.

"I always wanted to be an archaeologist, so I'm really big into physical anthropology and ancient cultures," Krause said. "My favorite ancient cultures are the native Hawaiians and the Mayans and Olmecs."

Huber said that many anthropology majors received a great variety of occupations upon graduating.

"They go into the Peace Corps, work for museums, work for advertising agencies, for international development agencies, as human resources people, for NGOs, for journalistic enterprises, computer corporations," Huber said.

What's your favorite new taste at Seacobeck?



**"Chemicals in my
mashed potatoes"**

Sludge Monster
Junior



"Sour Chocolate Milk"

Nevin Scarbread III
Freshman



**"ARRRRRAHHH
(brains)"**

Mary Rottington
Zombie



**"My pizza tasted
like permanent
markers"**

Sir Reginald Eastworth
Professor



**"I feast on human
blood, so I don't
go to Seacobeck"**

Leon Feathers
Junior

Cartoon by Matt Czapiewski

Sunday's Mass E-Mail Offends Many

The following two columns were written in response to an e-mail sent to all students on January 17, 2005.

By **JENNIFER NANFELT**
Guest Columnist

At 1:06 p.m. on January 16, 2005, my opinion of this so-called "prestigious" institution of higher education changed forever.

As I sifted through my e-mails on that infamous day, it was as if someone had stabbed me in the heart and broken what I thought was my home and family.

I can no longer call Mary Washington my home due to the actions of a select few. What's more, as a Washington Guide, I no longer know what I will say when certain questions are asked about the atmosphere of this campus community. I no longer feel the support of

what once was my community.

As a third-year student of Mary Washington, as well as a member of the human race, I would like to raise grave concern as to an e-mail received to all students from the political science department.

The subject was entitled "Message from the College Republicans to student body." The first sentence was so offensive; I was ashamed to call myself an American, much less an Eagle. The sentence read: "A message to all liberals, atheists, God-

hater, gays, Europeans, and Democrats." The letter went on and said, "How is it that the once great Democratic Party has slid into

Godless deviance of oral sex, rock music, and sleaze just like their hero Bill Clinton who disgraced [note the lack of fine grammar points and punctuation here, please] the Oval Office with his heathen infidel antics of debauchery."

I have to ask myself this question: How was this letter able to be distributed to all students? Furthermore, why is the letter from the political science department? Did the College Republicans really write this letter, and if so, why? If they did not, who did?

Yet, no matter who wrote the letter, I do know that there should be consequences for their actions. It was wrong and uncalled for.

I am neither Republican nor am I a "DemoRAT" as was referred to in the letter. I am an Independent. The important thing is that I am an Eagle, a human being, and an offended American citizen!

Jennifer Nanfelt is a junior.

By **REBECCA COX**
Guest Columnist

I, like many students, was very distressed to receive an e-mail supposedly written by the College Republicans.

As a political science major, I was especially

angry that the department's informational e-mail address was used to send this offensive, uninformed, and judgmental e-mail.

While I disagree with the Republican party on most issues, I have enough respect for them and their right to their beliefs to realize that it is very unlikely that the club actually wrote that e-mail. It is horrible to think that someone would go through that much trouble simply for a childish prank, but that indeed appears to be the case.

Now that the election is finally over, Democrats are gracefully admitting that President Bush won fairly, and Republicans should likewise move forward with bipartisan plans to effectively govern.

Gloating and ostracizing won't get us anywhere. Whether you are a Democrat or Republican or anything else, please just remember that we are all Americans. Everyone has a right to have his opinion heard, and all opinions deserve respect.

I hope that whoever wrote that heinous e-mail appreciates that the First Amendment gives him or her the right to express such thoughts, inflammatory and controversial though they may be.

Rebecca Cox is a sophomore.



Graphic By Christina Connors

UMW Dining Services

Spring 2005 Upcoming Events @ Seacobeck

- * Gangster Dinner
January 25
- * Red Hot Chef
February 1
- * Black History Month Dinner
February 3

Jobs are available at Seacobeck and the Eagle's Nest. We need cashiers, cooks, servers, utility workers, and catering. Stop by and pick up an application!

Check out the Dining Services' new website: www.umwdining.com. It's updated frequently with menu items, nutrition info, and you can even download and print a job application!

Graduating? No Sweat

*Alum Reports From
Mongolia On Life In
The Peace Corps*

By **CAROLINE WALLINGER**
Guest Columnist

Getting dressed this morning I couldn't help feeling a small strangeness at pulling on my Mary Washington College t-shirt. I needed a degree, I thought, to earn the privilege to get up this morning, build a fire and go use the outhouse.

I live in Mongolia now, snugly nestled between Russia and China. The weather these days is steady at about 30 degrees below zero. I live in a ger, a small canvas and felt tent heated by an iron stove.

If the stove doesn't have enough wood or coal in it, everything freezes, including toothpaste.

I'm not complaining. In fact, I'm sort of celebrating.

I came to this flat high country by way of the Peace Corps, which I joined two years after graduating from MWC.

Since many of you are now pondering (desperately perhaps?) what you'll do in the months and years after you walk, I thought I would send some encouragement.

Don't sweat it too much, and most importantly, do what you enjoy.

Before coming here I was a newspaper reporter. I enjoyed that and may go back to it one day. I knew when I was looking for jobs, journalism would give me the freedom I

sought. Never underestimate the power of your college education, either. As I said, I would not be here without it. The Peace Corps is difficult to get into without at least a bachelors degree.

But I also think of the people who are here more than two years, the ones who are here for a lifetime, working harder than some of us will ever have to work, just to stay alive.

Some of them will never get a chance to see a university or to get a job outside of herding goats.

And while I admire every aspect of their lives, I do not think I would make a good herder.

The Peace Corps is an incredible experience, full of ups and downs. It is true; there are days I really just want to go home and forget I ever came.

Those days usually involve my sixth-grade class.

But one day later I might be euphoric, thinking, the American government actually pays me to do this?

The important thing is I am here because I decided one day I wanted to do something different. Way different. And I knew that wasn't impossible.

In your own job search, I urge you to consider for yourself, between spastic gasps for air, what's impossible for you?

Anything?

Caroline Wallinger is an alumna.



News

Towing Costs UMW

By ERICA JACKSON
Staff Writer

On the morning of Oct. 16, sophomore Elizabeth Phelps walked to the University of Mary Washington Battlegrounds to pick up her car and was greeted with a startling sight: a completely empty parking lot. A frantic visit to campus police revealed that every car in the parking lot had been towed earlier that morning to make room for Homecoming festivities.

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"I didn't ever talk to them directly but my dad said that they weren't very helpful," she said. "Like they didn't take any responsibility for any of it and they just seemed pretty fed up with the whole situation too."

Sophomore Drew Bohn was not so lucky. With an ankle injury from soccer, Bohn was unable to walk to his car until a week after it had been towed. When he arrived at the lot and couldn't find his car, he assumed it had been stolen.

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Dan Coe/Bulletin

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Anderson had previously been earning \$268,500 a year but this past November his salary was boosted to \$278,791, a raise which took effect on Nov. 25, 2004.

According to Richard Hurley, the university's executive vice president and chief financial officer, \$123,046 of that sum will be coming from the state of Virginia. The remaining balance of \$155,745 will come from the university's private funds.

Terry Luttrell, the administrative coordinator for the president and the clerk of the BOV said the board unanimously voted to increase Anderson's salary on Saturday, Nov. 19. The vote came after the board discussed a resolution regarding the president's salary behind closed doors on Friday, Nov. 20. The resolution was part of the BOV's November meeting.

The last major raise for Anderson came in 2000 when the BOV approved a 41 percent hike in the president's salary. At the time, he was one of Virginia's lowest-paid presidents at a state-supported, four-year college, earning approximately \$172,500. When the 41 percent raise took effect he earned \$243,500 and received a subsequent raise in 2003 when the BOV set his salary at \$268,500.

Yearly increases in the president's salary along with other faculty and staff members are not uncommon.

"Unless the state is having financial

difficulties, salaries for employees are generally increased on an annual basis," Hurley said.

"The procedure for classified employees is determined by the state but generally, their increases are 'across the board' as opposed to being decided based on performance; all faculty salary increases are determined based on performance, i.e. merit based increases."

Over Anderson's 20 years at the university, he has been responsible for overseeing approximately 19 capital projects. His resume lists the most recent projects which include the 2003 purchase of the Marye's Heights Apartments, now known as the Apartments at UMW, and the constructions of the Jepson Alumni Executive Center and the UMW Fitness Center.

Mona Albertine, the rector of the BOV, said the board raised the president's salary by an amount that was in keeping with the

raises of the university's faculty.

"The board feels very strongly that it has been with President Anderson's vision and leadership that the University of Mary Washington has achieved the stature that it enjoys today," Albertine said.

Albertine cited examples of the president's various achievements during his 20 year tenure as reasons for the salary hike.

"In this past year the Fitness Center has opened, as has the Alumni Executive Center. Fundraising is at an all time high, and the endowment has passed beyond \$20 million," Albertine said. "He is spearheading a new capital campaign that

will build endowments for teaching and for programming, among other things. He is committed to doing what is necessary to get to a 15 to 1 ratio; without his enthusiasm and leadership these goals would not be possible."



Courtesy University relations

President William M. Anderson

State Board Approves UMW Major Proposal

4 MAJOR, page 1

Huber said that she hopes to make an offer for the position late February or early March and have the position filled by August 2005.

On Nov. 19, the BOV issued a meeting to discuss whether or not anthropology will be offered as an independent major. Marti Leighty, a member of the BOV and the assistant dean for arts, humanities and social sciences at a community college in Virginia said that he supported the major largely because of Dr. Huber's excellent presentation.

"I believe the Board was unanimous in this decision," Leighty said.

They approved Huber's proposal the next day. However, during the BOV meeting, members had a few concerns and questions about the major.

"My concerns were about the academic integrity of this major, the number of possible majors, the qualifications of the faculty involved, and the cost," Leighty said.

In terms of faculty, having only three faculty members for the department became a concern for some BOV members. However, Morello believes that this will not be a problem.

"Currently, there are only two faculty for german, three for physics, four for geology, and five for economics," Morello said.

After the questioning period, Huber addressed each of the points.

"She very ably addressed all of these points. She was extremely knowledgeable and well-prepared," Leighty said. "It appears that this major has been carefully thought out, especially by the sociology faculty and Dr. Huber."

Huber and Gable, who worked on the proposal for three weeks, needed the approval from the State Council of Higher Education, which was the last step before anthropology officially becomes its own major.

In order to keep this major offered at UMW, Huber believes that an average of five students need to major in anthropology per year over a five-year period.

According to Elizabeth Hughes, BOV member, history has indicated that somewhere between 12 and 15 students will graduate with anthropology majors each year and that is more than sufficient to hold its place as a major at UMW.

However, Huber and Gable expect introductory enrollments of between 25 and 35 students per section

and upper-level enrollments of between 15-25 per section.

Senior Monica Chan, another student with a major in sociology and a concentration in anthropology, said, "I feel like it's about time. I've always been so jealous when I've gone to see my sister at George Mason. I've gone to their book store where they sell their class books and I look at all the different anthropology courses they offer."

Students will be given the first chance to sign up as anthropology majors in the beginning of next fall, when the new course catalogue comes out.

According to the anthropology proposal, there are high levels of enrollments in anthropology programs in most schools in Virginia. Seventy-seven students graduated with an anthropology degree in 2003 at the University of Virginia, 55 at James Madison University in 1999 and 26 students at George Mason University in 2003.

The number of majors at UMW compares favorably with those of Longwood University and Radford. At UMW, 17 students graduated with an anthropology concentration. At Longwood, 13 graduated last year and at Radford, only 9 graduated.

Most students at UMW believe that graduating with this degree aids them in finding occupations in the near future.

Junior Bryce Davenport put a student with a concentration in anthropology, said, "As far as the student body goes, we have wanted this for quite some time."

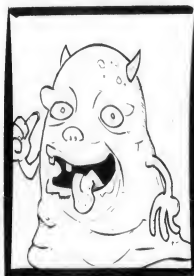
According to Samantha Krause a student with an anthropology and geology major, offering anthropology as a major will benefit her in her future goals.

"I always wanted to be an archaeologist, so I'm really big into physical anthropology and ancient cultures," Krause said. "My favorite ancient cultures are the native Hawaiians and the Mayans and Olmecs."

Huber said that many anthropology majors received a great variety of occupations upon graduating.

"They go into the Peace Corps, work for museums, work for advertising agencies, for international development agencies, as human resources people, for NGOs, for journalistic enterprises, computer corporations," Huber said.

What's your favorite new taste at Seacobeck?



"Chemicals in my
mashed potatoes"

Sludge Monster
Junior



"Sour Chocolate Milk"

Nevin Scarbread III
Freshman



"ARRRRRAHHH"
(brains)

Mary Rottington
Zombie



"My pizza tasted
like permanent
markers"

Sir Reginald Eastworth
Professor



"I feast on human
blood, so I don't
go to Seacobeck"

Leon Feathers
Junior

Cartoon by Matt Czapiewski

Sunday's Mass E-Mail Offends Many

The following two columns were written in response to an e-mail sent to all students on January 17, 2005.

By **JENNIFER NANFELT**
Guest Columnist

At 1:06 p.m. on January 16, 2005, my opinion of this so-called "prestigious" institution of higher education changed forever.

As I sifted through my e-mails on that infamous day, it was as if someone had stabbed me in the heart and broken what I thought was my home and family.

I can no longer call Mary Washington my home due to the actions of a select few. What's more, as a Washington Guide, I no longer know what I will say when certain questions are asked about the atmosphere of this campus community. I no longer feel the support of

what once was my community.

As a third-year student of Mary Washington, as well as a member of the human race, I would like to raise grave concern as to an e-mail received to all students from the political

science department. The subject was entitled "Message from the College Republicans to student body."

The first sentence was so offensive; I was ashamed to call myself an American, much less an Eagle. The sentence read: "A message to all liberals, atheists, God-

haters, gays, Europeans, and Democrats." The letter went on and said, "How is it that the once great Democratic Party has slid into

Godless deviance of oral sex, rock music, and sleaze just like their hero Bill Clinton who disgraced [note the lack of fine grammar points and punctuation here, please] the Oval Office with his heathen infidel antics of debauchery."

I have to ask myself this question: How was this letter able to be distributed to all students? Furthermore, why is the letter from the political science department? Did the College Republicans really write this letter, and if so, why? If they did not, who did?

Yet, no matter who wrote the letter, I do know that there should be consequences for their actions. It was wrong and uncalled for.

I am neither Republican nor am I a "Democrat" as was referred to in the letter. I am an Independent. The important thing is that I am an Eagle, a human being, and an offended American citizen!

Jennifer Nanfelt is a junior.

By **REBECCA COX**
Guest Columnist

I, like many students, was very distressed to receive an e-mail supposedly written by the College Republicans.

As a political science major, I was especially

angry that the department's informational e-mail address was used to send this offensive, uninformed, and judgmental e-mail.

While I disagree with the Republican party on most issues, I have enough respect for them and their right to their beliefs to realize that it is very unlikely that the club actually wrote that e-mail. It is horrible to think that someone would go through that much trouble simply for a childish prank, but that indeed appears to be the case.

Now that the election is finally over, Democrats are gracefully admitting that President Bush won fairly, and Republicans should likewise move forward with bipartisan plans to effectively govern.

Gloating and ostracizing won't get us anywhere. Whether you are a Democrat or Republican or anything else, please just remember that we are all Americans. Everyone has a right to have his opinion heard, and all opinions deserve respect.

I hope that whoever wrote that heinous e-mail appreciates that the First Amendment gives him or her the right to express such thoughts, inflammatory and controversial though they may be.

Rebecca Cox is a sophomore.



Graphic By Christin Connor

UMW Dining Services

Spring 2005 Upcoming Events @ Seacobeck

* Gangster Dinner

January 25

* Red Hot Chef

February 1

* Black History Month Dinner

February 3

Jobs are available at Seacobeck and the Eagle's Nest. We need cashiers, cooks, servers, utility workers, and catering. Stop by and pick up an application!

Check out the Dining Services' new website: www.umwdining.com. It's updated frequently with menu items, nutrition info, and you can even download and print a job application!

Graduating? No Sweat

Alum Reports From
Mongolia On Life In
The Peace Corps

By **CAROLINE WALLINGER**
Guest Columnist

Getting dressed this morning I couldn't help feeling a small strangeness at pulling on my Mary Washington College t-shirt. I needed a degree, I thought, to earn the privilege to get up this morning, build a fire and go use the outhouse.

I live in Mongolia now, snugly nestled between Russia and China. The weather these days is steady at about 30 degrees below zero. I live in a ger, a small canvas and felt tent heated by an iron stove.

If the stove doesn't have enough wood or coal in it, everything freezes, including toothpaste.

I'm not complaining. In fact, I'm sort of celebrating.

I came to this flat high country by way of the Peace Corps, which I joined two years after graduating from MWC.

Since many of you are now pondering (desperately perhaps?) what you'll do in the months and years after you walk, I thought I would send some encouragement.

Don't sweat it too much, and most importantly, do what you enjoy.

Before coming here I was a newspaper reporter. I enjoyed that and may go back to it one day. I knew when I was looking for jobs, journalism would give me the freedom I

sought. Never underestimate the power of your college education, either. As I said, I would not be here without it. The Peace Corps is difficult to get into without at least a bachelor's degree.

But I also think of the people who are here more than two years, the ones who are here for a lifetime, working harder than some of us will ever have to work, just to stay alive.

Some of them will never get a chance to see a university or to get a job outside of herding goats.

And while I admire every aspect of their lives, I do not think I would make a good herder.

The Peace Corps is an incredible experience, full of ups and downs. It is true; there are days I really just want to go home and forget I ever came.

Those days usually involve my sixth-grade class.

But one day later I might be euphoric, thinking, the American government actually pays me to do this?

The important thing is I am here because I decided one day I wanted to do something different. Way different. And I knew that wasn't

impossible.

In your own job search, I urge you to consider for yourself: what is impossible for you?

Anything?

Anything?

Anything?

Anything?

Caroline Wallinger is an alumna.

Swim Teams Heat Up The Pool

By LAUREN BOSTON
Staff Writer

The Goolrick natatorium was set ablaze during the men's and women's swim meet on Saturday against St. Mary's College of Maryland. Literally.

The fire alarm sounded in the middle of the meet as smoke poured out of the back offices. The fire department was called to the scene and the swimmers waited outside until they were given clearance to go back into the pool. Despite the break in action, the Eagles went right back to work in a CAC battle they dominated from the start.

Perhaps most impressive of all, the men's team won every race of their meet, cruising to victory by a score of 125-40. The women also boasted a winning score of 112-81, coming in first in all but one race. The Eagles won both

relays as well.

Coach Matt Kinney was impressed his teams' efforts overall.

"We were up and down in terms of performance, but we had some good swimmers and it's always nice to win," he said.

The Eagles had a strong performance after a draining two-week training camp in Miami that they returned from only a week ago. Many swimmers are especially worn out at this point in the season, as their bodies are still dealing with recovering from the extra rigor they went through during camp.

"We swim four hours a day [in Miami], plus lifting, so it is one of the most difficult times of the year to get up and swim fast," said junior Brian Craddock. "At our meet this past weekend I feel like everyone was mentally tough though."

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both the 400 IM and the 100 freestyle, with times of 4:26.06 and 51.07, respectively. Eight men in all were first in their races, including Craddock, sophomore Kennard Smith and sophomore Lucien Moss, who had especially impressive swims according to Kinney.

The top performer for the women was Lorena de la Garza. She won the 1,000 freestyle with a time of 11:12.62, as well as the 200 butterfly with a time of 2:13.47. Among several others, sophomore Amy Carlson had a good meet, with a winning time of 2:14.13 in the 200 backstroke. Freshman Kristen LaCoe also performed well, swimming a 55.52 in the 100 freestyle.

With a record of 4-1, the women are now second in the Capital Athletic Conference, just behind Catholic University. Sophomore Tricia Dilger is confident in what the rest of the season will hold for them.

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The Eagles next meet will be at home this Saturday at 2 p.m. against rival Gettysburg College. The Bullets are expected to be the best competition for UMW so far this season.

"Both [men's and women's meets] should be very good this week," Kinney said. "We match up very well with Gettysburg and always have, so it should be a good dual meet."

LaCoe agrees. "We are up for this meet both mentally and physically, and it will be a great opportunity for some competition going into conferences," she said.

The Busch Report: Another Cold Colts Collapse



Dave Buschenfeldt

This one goes out to all the so-called experts. All the self-proclaimed football gurus who spent last week jumping on the Colts handwagon and throwing New England under the proverbial bus.

The Patriots are the defending Super Bowl champions and until someone dethrones them, they are still the team to beat in the National Football League. They proved this beyond a doubt with their dominating 20-3 win over Indianapolis on Sunday.

And, oh, how many doubters there were. The beat-up New England secondary would be no match for big bad Peyton Manning and his unstoppable offense, they said. Without starting cornerbacks Ty Law and Tyrone Poole, the Patriots would not be able to contain the explosive Colts receivers.

These pundits seemed to forget one crucial point — Manning and the Colts simply cannot beat the Patriots. Especially when playing at Gillette Stadium. Especially in the playoffs. And especially when it's snowing.

With this latest debacle, Manning is now 0-7 lifetime at New England's home field, dubbed "The Razor." In contrast, Tom Brady is currently 7-0 in playoff contests, and is a perfect 6-0 when going head-to-head against Manning. Brady has yet to reach the big game. But for some reason, everyone was blinded by Manning's eye-popping statistics from the regular season and

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This is not to say that Belichick deserves all of the praise. The Patriots players still needed to go out and execute the game plan. This was not a problem since playing against Indianapolis always seems to bring the best out of New England. The defining moment in the game occurred when Patriots linebacker Tedy Bruschi ripped the ball out of the hands of Colts running back Dominic Rhodes. In a postgame interview, Bruschi said, "I just wanted it more than him."

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field goal to close out the first half. And if Eugene Wilson had held on to a sure interception in the endzone on the previous play, the Patriots would have shut out one of the most prolific offenses in NFL history.

Now that the Patriots have defeated the mighty Colts, it's on to Pittsburgh for the AFC Championship game. It's back to the site of New England's Halloween horror show, where the Steelers beat the Patriots 34-20 to end the champs' 21-game winning streak.

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Swim Teams Heat Up The Pool

By LAUREN BOSTON
Staff Writer

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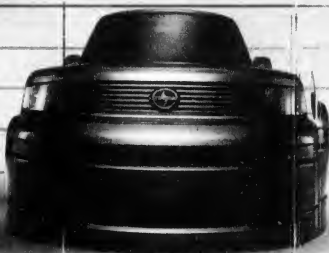
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Sports

Women Dominate Gophers

By DAVE BUSCHENFELDT
Sports Editor

Everyone in Goolrick Gymnasium expected the University of Mary Washington women's basketball team to beat visiting Goucher College on Wednesday night. It may have come as a surprise, however, that by the end of the Eagles' 73-41 blowout victory, every UMW player had scored at least one point.

Head coach Deena Applebury was happy that she was able to get all of her players involved in the game.

"It was a big game tonight," she said. "It was nice that every kid got to score."

The Eagles came out firing, beginning the game on a 16-4 run over the first five and a half minutes. The Gophers cut the lead to nine at 21-12, but the Eagles went on an 11-3 spurt to regain a comfortable lead.

UMW finished the half on an 11-2 run and a 3-pointer from the left corner by senior Laura Hanks with 47 seconds remaining gave the Eagles a 45-25 advantage heading into the locker room.

While the Eagles played well at the offensive end during the first half, the focus in the second half was on defense. The Eagles swarmed all over the ball and held Goucher to just 16 points and 19 percent shooting after halftime.

"Everyone just hustled on the floor for the ball," said sophomore Debbie Bruen, who finished with 10 points and five rebounds. "We really worked as a team to pick up and trap and get all over the ball, and [Goucher] couldn't do much with it."

Applebury was pleased with her team's defensive effort.

"Something that I really focus on with the kids is defensive intensity," she said. "I always try to make sure we get a hand in their face and have contested shots. We never want to give up an open shot."

The Eagles held a distinct height advantage over the Gophers and they exploited it well. UMW out rebounded Goucher 53-39 and the Eagles blocked nine shots.

"We started out the game very aggressive," Applebury said. "We did a great job on the rebounds. We dominated the boards from the start of the game to the end."

In such a one-sided contest, there was a danger of the Eagles playing down to the level of Goucher. This was not a problem, however, and the Eagles cruised to victory.

"We just had to play until the buzzer," Bruen said. "It was great because everyone scored and everyone stayed focused. You can't give up no matter what."

Applebury credited her player's leadership skills as the reason they were able to remain focused.

"Sometimes it's difficult to get motivated for games like this," she said. "Fortunately, I have good leadership on the floor. Laura Hanks did a good job of getting everybody motivated before the game started, which allowed them to come out and play intense."

The win improves the Eagles' record to 12-3 overall. They remain at the top of the Capital Athletic Conference with a perfect record of 5-0. The Eagles began the season 8-0, the best start in the history of UMW women's basketball. They then suffered a three-game losing streak, but have bounced back with four wins in a row.

"We had a little bit of a rocky spell there," Applebury said. "We had some kids sick, we had a couple kids injured, and it just took us a little bit to start clicking again. Our practices have been a lot stronger and the kids are playing well when it comes to game time."



Andrew Deer/Bullet

Senior Christine Carlisle dribbles the ball up the court with Goucher freshman Rachel Varnergardner defending.

Men Bounce Back Against Goucher

By LYNNE COREY
Staff Writer

University of Mary Washington men's basketball coach Rod Wood was in no mood for celebration following his team's lackluster 76-68 victory over visiting Lancaster Bible College last Wednesday. Instead, he was planning to go golfing.

"Tomorrow we are off," he said. "They can practice if they want to. I'm going golfing, that's what I'm going to do. After my classes I'm going to go golfing because they give me nothing."

Wood was very unhappy with his team's lack of effort and execution.

"We are terrible," he said. "There wasn't one player who played well. There wasn't one player who played hard. They give me nothing. I can't give them anything until they are willing to go out there and lay it on the line."

Wood commended the level of play of their opponents, however.

"I looked into the faces of every one of those kids from Lancaster Bible," he said. "They were exhausted. They left everything they had out on the court. Every [Mary Washington] kid can't look in the mirror and say, 'I was ready to play,' or 'I played hard.'"

Lancaster Bible College head coach Peter Beers was pleased with his team's effort.

"One thing coming down, we knew we were going to be taken lightly," Beers said. "I think we just played hard."

UMW started the game strong and went into the locker room at halftime holding a 37-26 lead.

The Eagles shot 44.4 percent from the floor in the first half, but hit just two of 11 3-pointers.

The second half was a different story.

Lancaster outscored the Eagles 42-39 after halftime and shot 55.2 percent from the floor. UMW hit only 12 of 32 shots including six of 17 from 3-point range.

"I'm not sure we shut them down, but they didn't hit [their shots in the second half]," Beers said. "Mary Washington is a good team."

The UMW players all agree there is a need for improvement.

"I mean, if we went and played them tomorrow, we might be able to

beat them by 70 points," said freshman guard Kevin Gallinat, who finished the game with 11 points. "We let a lot of people down. It's mental."

We just need to make sure we are ready."

To make a freshman Justin Baker agreed.

"Our coach was saying we need to play with more pride and intensity," said Baker, who added 13 points and 13 rebounds. "I mean, we didn't play very well. We found a way to win, but I don't know. We need to play better."

Wood feels the problem is with his team's effort.

"They know what they do," he said. "If they aren't going to have any effort, they are going to

lose or you are going to get that kind of effort. I'd like to think it's not youth. We are 14 games into this. I think it's just people take it for granted."

Sophomore A.J. Fitzgerald, who led the Eagles with seven assists, had a positive outlook following the win.

"Honestly, I think there was something good," he said. "Just the fact that it was kind of like a wake-up call. We shouldn't play down to our competition. Coach always tells us we can beat anybody and we can also lose to anybody and tonight shows we can lose to anybody."

The wake-up call did not have the effect that Fitzgerald had hoped against Salisbury on Saturday and the Eagles lost 81-63.

UMW bounced back on Wednesday, however, and won a hard-fought game against Goucher, 75-63.

The Eagles and Gophers were tied 31-31 at halftime. It was a back-and-forth second half and the Gophers held a 61-57 advantage with 5:37 remaining.

The Eagles fought back and a 3-pointer by sophomore Mike Lee with 2:09 on the clock gave UMW the lead for good. The Eagles hit 10 free throws down the stretch to preserve their lead.

"I was real happy with that effort because we have enough talent to win, but we have to give that effort," Wood said. "If we don't give that effort we will get blown out or it's a close game as you saw last Wednesday. These guys have to learn how to play hard on a consistent basis. I was really pleased with how hard they played tonight."



Peter Kelley/Bullet

Sophomore A.J. Fitzgerald carries the ball past a defender from Lancaster Bible College, while coach Rod Wood watches from the sideline.

Upcoming Events

Jan. 22--Swimming vs. Gettysburg, 2 p.m.

Women's Basketball vs. York College of PA, 2 p.m.

Men's Basketball vs. York College of PA, 4 p.m.



Athlete of the Week

Sophomore thrower Carissa Culbreath set a UMW indoor record of 40' 4.5" in the 20-pound weight throw